

Dista

Beaches Bars Sun Waves Visit Conil This week's Vista. page 13.



## Pine tree caterpillars danger to kids, pets

JOC Jon McMillan Rota Coastline

Fiberglass-like hairs on the pine processionary moth - or pine tree caterpillar – can cause an irritable, itchy rash on humans and has been reported to cause extreme distress in animals that have come into contact with the insect

"Their hairy fur is like glass slivers," said Lt.j.g. Lee Koebner, environmental health officer for the Naval Hospital here. "It's not so much that's it's poisonous but it's almost like getting a patch of microscopic fiberglass in the skin," he

Coming in contact with the caterpillar isn't really dangerous for humans, he said, but getting a secondary infection as result of contact could become dangerous. "The Vet has seen much more of problem than we have," he said.

That's because many dogs have been treated after trying to eat the caterpillar causing the insects fiberglass-like hairs to lodge themselves

in the dog's tongue.

"I've had two dogs affected by these things," said Donna Pass-Otteni, the acting safety manager for the Naval Station. "Last year when one was a puppy she got a hold of them and ended up losing half her tongue. The vet wasn't sure if she'd live," she said. The other instance happened two weeks ago when the other dog got a hold of the caterpillar and immediately started vomiting. "We spent the entire day at the vet getting treated '

The pine tree processionary moth [caterpillar] is common throughout the Mediterranean. In August and September the moth lays eggs in umbrella pine tree needles. After hatching, the larvae congregate together and form a nest where they develop until springtime and come out as caterpillars.

It's at this stage of their metamorphosis that they eat the pine needles and eventually make their



 $The {\it fiberglass-like\ hairs\ of\ the\ Pine\ Tree\ Caterpillar\ can\ cause\ problems\ for\ humans\ and\ their\ pets.}$ 

way down the umbrella pine - in a long line, or procession - to find soft ground to burrow themselves and form a cocoon. This is the stage where many children and pets try to play with them.

After burrowing into the ground, the processionary moth forms a cocoon and stays there until it emerges as a moth in summer and starts the process over again in August and September.

"This year they're coming out

early," said Koebner. That has caused some problems as the base is trying to control the population by identifying and destroying nests before the caterpillars emerge.

"It's always been a problem in Spain," said Koebner. The caterpillar is responsible for causing the defoliation of the pine trees resulting in weakened trees more susceptible to disease or infestation by other insects that can eventually result in killing the tree.

"All I know is they're icky." said Pass-Otteni. "I just want to make everyone aware and let people know not to touch them,

If people notice a nest of caterpillars in their yard or near a playground, Pass-Otteni said they should call Public Works pest con-

Most of the caterpillars should have burred into the ground by the end of March.

## New DGF math materials unveiled

JOC Jon McMillan

Department of Defense Dependent Schools (DoDDS) are revamping their math curriculum for grades K through 8 with a series of new textbooks and workbooks

The new materials received good reviews last week from teachers and parents here who attended workshops designed to introduce the new products.

DoDDS officials are in the process of touring schools worldwide to introduce the new materials to teachers and parents and give them an opportunity to familiarize themselves before the materials are fully

implemented next school

"The teacher and parent response has been extremely positive," said McNaughton, math liaison for the Turkey, Spain and Islands district. "They think these materials have all the key points for success."

Parents and teachers said

the new materials are childinterest oriented, colorful, easy-to-follow, and easy to use. The new materials also offer a change in teaching strategy as they move away from 'manipulative-based' teaching - teaching that relies heavily on using tangible items to illustrate mathematics principles and focuses more on con-



Susan O'Niel, 3rd Grade teacher, Heather Navarrete, parent and Vikki Basnight, teachers aide, review new course materials.

crete mathematics including thinking skills and word problems.

The new materials don't. however, completely toss manipulative-based

teaching. "[The materials] offer a better balance," said Susan O'Neil, a third grade

see MATH, page 6.

## Assistant Secretary of Navy [I&E] visits Rota

The Navy's top official for Installations and the Environment, the Honorable Robert Pirie, Jr., recently visited the Naval Station.

Pirie was on an orientation tour that took him to bases around the world from Hawaii to Bahrain to

"I try to get around and see as many of the bases as I can," said Pirie, "I haven't been here in five vears so I wanted to see how the base is coming along.'

Pirie toured the port complex, housing area,

airfield. schools. NSGA. Hospital and MWR



was impressed. A lot of improvements have been made here," said Pirie "The housing area really looks good."

Pirie said he would bring up about six different Rota issues to his colleagues at the Assistant Secretary of the Navy

U.S. Naval Station, Rota, Spain

NMCB ONE Seabees train for contingencies. . . 2 Celebrating African American Heritage ..... 3 

## WEATHER

For more weather information.



#### **SATURDAY** Isolated Showers

High: 59 Low: 50

teacher here.

Isolated Showers High: 57 Low: 45

Isolated Showers High: 56 Low: 47



Black History Month Luncheon - Friday

Rota's AAHC is hosting a luncheon in honor of Black History Month It will be held at the base Galley tomorrow starting at 11 a.m.

## NMCB ONE Seabees train for tactical contingencies

Story and photos by JO1 'Drew Scharnhorst NMCB ONE

Many kids grow up playing "War" in one form or another.

Usually it's all pretty much the same: one youngster jumps out from behind a tree or wall and yells, "Bang! Bang! Got you!" And the "wounded" soldier falls to the ground in an exaggerated manner, playing out a death scene worthy of an Academy Award.

But what would happen if you found yourself confronted with the real thing? Would you know what to do? What actions do you take when, for example, you come under sniper fire?

What happens when you walk through a trip wire hidden across a path or encounter an angry mob bent on keeping your convoy from reaching its destination?

We never thought of that when we were kids. Back then it was just good, clean fun. But in the woods behind their barracks on Camp Mitchell Seabees from NMCB ONE are learning what today's warfare is all about.

Squads of about 13 people each - one squad



Once the point man discovers a trip wire, he very carefully marks it and then

leader and three fire teams - have been going through the Individual Replacement Training course, a day-long, hands-on class that teaches them to deal with any of the various contingencies they may face while deployed. IRT teaches them such things as 'who is the enemy' and 'who is merely a civilian': when to shoot - or not shoot: when to attack and when to run: and much more

"The class consists of Rules of Engagement for contingency operations," said Gunnery Sergeant John W. Holpp, military advisor for "The First and the Finest". "Immediate-action drills [and] Situation Training Exercises, better know as 'Stix' lanes. These lanes consist of several scenarios, from dealing with civilians, to finding yourself in a minefield and probing your way out, to enemy engagements."

And that's just in the morning half of the curricu-

> "In the afternoon," Holpp continued, "we do convoy scenarios, [from] reacting to civilians to removing obstacles in the road. Much of the things you may run into on a convov.'

One of the interesting aspects of IRT is that many of the leaders who have gone through it before often find themselves quickly "removed" from a situation.

"I kill off the squad leader," said Holpp. "And when I knock him off, the person standing next to him shouts, 'Squad leader's been hit: squad leader's down'. And the [senior fire] team



UT1 Jay W. Russell patrols through an open area, keeping a sharp

thing first. You've got to

look out for marks for

mines, and all kinds of stuff:

watch out for trip wires,

booby traps, and people in

Training gives students "an

appreciation for situational

awareness - what is justifi-

able deadly force [and]

when it applies, and what is

the minimum force to be ef-

fective to defuse the situa-

tion," Holpp explained.

"But most importantly it

Individual Readiness

the bushes, hiding."

leader, nine times out of ten. will look at me with these big pie-plate eyes, saving, 'Oh, no - I'm in charge! And that's the realism.

That's the shock that a person gets when he's absolutely jammed into a leadership position."

Fire teams have to realize that such a thing is possible, Holpp said, and that they must immediately rally behind the new leader.

"Your squad is in trouble; the squad leader's down, there's nobody else making decisions but you,' he explained. "How are you going to save the squad? That is such a learning curve for young petty officers out

The need for swift, decisive command leadership is imperative to continuing the mission. "Right, wrong, or indifferent, stick by your guns, even if it's the wrong decision," said Holpp.

"Make it quick, and even if it's a wrong decision, executed in a timely manner. it is going to save lives. You may get one or two people hurt, but by golly, you're going to save the rest of them.

SWCN Kennedy, one of Holpp's recent students, said, "I liked doing IRT. I like being point man because I can see every-

vidual in a low-threat contingency where most of the time will be [spent] dealing with the public, yet be able and thinking to deal with the worse-case scenario when the situation rapidly degrades." Kennedy

helps train an indi-

related an experience where his training helped "save" his comrades. While

walking point for his squad, he saw some people hid-

den in the bushes, lying in ambush - but they didn't know he'd spotted them. His squad leader directed him to throw a smoke grenade, which would create cover for the squad.

"I threw the smoke at them!" Kennedy recounted. "It went right in the bush, and they jumped out of the bush. A couple shots were fired, but we got saved by the smoke."

Holpp said that be-Seabees

deployable on short notice, the quick thinking borne of such training is often useful in potentially volatile places like Kosovo or Bosnia.

Added Kennedy, "I think a lot of people learned a lot of stuff from it. We learned to march in columns [and] formations: what to do when you hear the whistle-bang [a simulated incoming mortar round]; to lay feet toward a [thrown hand] grenade -Gunny told us a lot of stuff."



Using his bayonet, Gunnery Sgt. John W. Holpp, the IRT instructor, demonstrates the proper technique for probing one's way out of a

# NEWS BRIEFS

## PSOE, IU together for March 12 general elections

After a week's negotiations, PSOE (socialist) closed a deal with the far-left alliance IU (United Left) to make a joint approach to the general election.

The leader of Socialist party made a public offer to the left party so they could appeal to the left-of center electorate. His reason is that together they would win enough votes to beat the PP. This offer surprised everybody, particularly to his opponent the Partido Popular.

The agreement was possible because IU will not present candidates in eight provinces and for them to form a coalition government in the event that their combined number of senators outnum-

### Racist violence in Almeria

The town of El Eiido (Almeria) with a high population of Moroccans and emigrants was shaken with racist violence last weekend.

The death of a young woman by a Moroccan last Saturday sparked citywide violence against Moroccans. Moroccans and their properties were attacked by hundreds of people.

The worst incident was Sunday afternoon after the funeral of the young woman when groups of people attacked the Subdelegate of the Gorvenment in Almeria. He had to run away and seek refuge in a house. Twenty-two people were injured in the violence.

The death of this woman is the third death caused by Moroccans this year.

Capt. Richard R. Noble co/cmc@navsta.rota.navy.mil Chief Staff Officer

U.S. Naval Activities, Spain Cmdr. John L. Buckles

Public Affairs Officer Lt.j.g. Bill Davis davisb@navsta.rota.navy.mil Tel: 956-82-1680

Assistant Public Affairs Officer mcmillanj@navsta.rota.navy.mil Tel: 956-82-2491

fosterm@navsta.rota.navy.mil Tel: 956-82-2813

## Webjefe Lt. Cmdr. Don Dean

deand@navsta.rota.navy.mil Tel: 956-82-3786 Publisher and

contact for commercial advertising Karen Lucas Tel: 956-54-2997 or

Rota Coastline is an authorized publication r members of the military services and their

Rota Coastline is an authorized publication for members of the military services and their familities stationed overseas.

Its contents on on necessarily reflect the official views of the U.S. Government, Interpretation of the U.S. Pavy, and Department of Defense, or the U.S. Pavy, and Editorial content of Rota Coastline is edited, perpared, and provided by the Public Affairs Office of U.S. Naval Station, Rota, Spain. The appearance of advertising in this newspaper does not constitute endorsement of the Paville of Paville

#2

## CELEBRATING AFRICAN AMERICAN HISTORY

## Luncheon set for tomorrow; other events scheduled

Heritage Committee (AAHC) is sponsoring an African American History Month luncheon tomorrow from 11 a.m. to 1 p.m. at the Naval Station Galley. The luncheon's guest speaker. Cmdr. Juanita Meredith, is being flown in from the states to speak at the event. Everyone is invited to at-

This year's national theme is "Heritage and Ho-

Rota's African American rizons: The African American Legacy for the Challenges of the 21st Century" and reflects the past struggles made by those who risked and often gave their lives in the cause of freedom

To celebrate the 74th annual observance of African American History Month. the AAHC is hosting various events designed to maintain and foster an awareness of African Americans' contributions to American history

Events

#### Luncheon:

Naval Station Galley, Tomorrow, Feb. 11, 11 a.m. to 1 p.m.

#### Origins of Racism Seminar:

Cadiz Room, BOQ, Tuesday, Feb. 15, 11:30 a.m. to 1 p.m.

### **Dress for Success Seminar:**

Cadiz Room, BOQ, Thursday, Feb. 17, 11 a.m. to 1 p.m.

**African American History Month Festival:** DGF MPR, Sat., Feb. 19, 10:30 a.m. to 3:30 p.m.

Healthcare Seminar - High Blood Pressure: Cadiz Room, BOQ, Tuesday, Feb. 22, 11 a.m. to 1 p.m.

## Financial Seminar:

Cadiz Room, BOQ, Thursday, Feb. 24, 5:30 p.m.

## Gospel Choir Program and Potluck Dinner:

Chapel Hall, Sunday, Feb. 27, 6 p.m.

## Getting history right Learning facts not fiction

JOC Jon McMillan Rota Coastline

"What we're taught about our history is mostly wrong," said Scott Dick, professor of history and of African American studies for the University of Maryland. "How is it that we've been able to take American history and sanitize it and boil all the flavor out it?"

For Scott Dick, history is filled with complex, fascinating and exciting stories stories he loves to tell at any of his seminars. He delivered a two-hour seminar Monday on Paul Robeson the multi-talented singer. actor, athlete and scholar who broke many 'colorlines' from the time he was born 33 years after the Civil War until the time he died in 1976. Dick presented the seminar like he was telling a story - full of drama, plots and sub-plots. He scratched the surface of the life of one of America's fascinating historical figures and left many in audience wanting more information. He didn't 'boil out' any of its flavor.

And that's his style. No The sanitizing history. former Marine and Soldier is passionate about what he

teaches - and equally passionate about telling people there's no such thing as "Black History." There's only American History, he said. "We are inextricably intertwined as a people, it's false and misleading to make historical distinction based on color," he said.

"Black History Month was started in the 1920's when it became clear that black Americans would not receive fair treatment in the then-current version of American history texts. It was focused on kids because they believe what you tell them and if you are told your ancestors didn't contribute anything, you're going to believe it," said Dick.

So he's on a mission to teach - to tell everyone, anyone who'll listen about it. "My goal is to help bring African American history to the mainstream," he said. "So it's no longer looked at as a separate history."

Because the impact African Americans have made on the development and progress of America has gone mostly unnoticed in school history books, Dick said setting aside February to focus people's attention on



Scott Dick hosts a seminar on Paul Robeson.

the contributions of all African Americans are important. "February allows us to celebrate what otherwise might be ignored," he said.

'It really forces us [as a society] to allow people to showcase contributions. It gives people a fair chance to showcase

Talking to Dick about history is like getting stuck in a tornado. He throws out facts, interesting side-notes and entire cause and effect links - deeper than any website could host - as he tells his story or makes his point.

"Black leaders threatened Truman with a march on Washington and that really forced him to sign the desegregation order...

"Truman never made a public statement against lynching...'

"Thomas Jefferson. He made a promise to his wife on her deathbed he'd never remarry. But, he had a woman whom he took as his wife and she was a black woman - a slave. And people who came to his house knew something was different because she didn't answer the door like a slave - she answered it like Mrs. Jefferson and she ran the house that way too."

He's a wealth of knowledge and when talking history, projects the same amount of energy as a tornado. "What else is hidden in our history? If you look at all this our history is rich and very, very complex," Dick said. "There is no honest way to just study Black History," he said.

"We've got to elevate the educational level of all Americans about our history," he said. And that, he emphasized, is why this month is important.

#4

122.3 mm X 161.2 mm

#2

120.7 mm X 78.5 mm

#2

## **ROTA COASTLINE**

Letter from the Secretary of the Navy



Dear Sailors and Marines.

New Year, and the beginning of a new session of Congress here in Washington present a natural point for looking back and looking forward: what have we accomplished, what are our most important challenges? For me, this is a particularly compelling moment for addressing these questions because I came to office with only a little over two years remaining in this Presidential term and now half that time has been expended. In a very personal sense, therefore, I owe you some accounting of what we've done with that time and what I hope to do in the remaining year.

We have a lot to feel good about in 1999. Your Chief of Naval Operations and Commandant of the Marine Corps were among the first to press for a big pay raise and the roll-back of REDUX. We achieved these goals and, with terrific support from Congress, the 4.8% pay raise (the largest in a generation) was accompanied by improvements in B.A.H. and a bonus package most especially valuable to the Navy and Marine Corps. Getting our own house in order, we reversed 1998's Navy recruiting and end-strength shortfalls—making the Navy and Marine Corps the only services to reach their recruiting goals in 1999 and come in above end-strength. We made it a high priority to reduce our gapped billets at sea — and they came down from 18,000 Sailors in November of 1998 to 10,600 to-day. That translated into increased fill rates for our deploying battle groups and amphibious ready groups: they rose from around 88% to 93%.

At the same time, the CNO and I have combined his initiative to reduce demands during the inter-deployment training cycle and my efforts to introduce more labor-saving tools and civilian help to free up Sailors and Marines who are working too hard. These efforts are bearing fruit.

Further, on taking office I immediately directed selection boards to reject any "zero defect" philosophy and to promote "the best people, not the most immaculate records." At the same time, we greatly improved management of the officer promotion system so that periods of 150 days in reviewing and announcing board results were cut by more than a third.

During 1999, we were able to significantly increase operations funding for a viation spare parts by approximately \$100 million per year across the FYDP. This is in addition to the increase of \$150 million in 1998. While this is slow in having its impact (often manufacturers have to retool) I expect it to reduce time wasted on cannibalization, increase our availability of aircraft for training, and improve our fighting capability.

In 1999, also, we brought the F-18E/F to a point of wide acceptance — indeed we secured legislative authorization for a money-saving multi-year contract. The V-22 will complete Operational Evaluation this year and procurement will increase to full rate production. Overall we've allocated more funds in this direction so that through the next several years, starting in FY00, we are buying an average of over 150 aircraft a year.

Equally significant, we brought ship building to about 8 per  $\,$  year through the FYDP, a good start that takes us close, though not yet to, the 8 2/3rds ships per year we need to sustain a healthy force of more than 300 warships.

The challenges for the year ahead are of two kinds. First, we need to sustain and build upon these improvements. You need not just one year's good pay raise, but a steady series of them above inflation. We need not just one year's successful Navy recruiting but, like the Marine Corps, a string of strong years. We need to meet end strength year after year. We need not just to congratulate ourselves on getting gapped billets at seadown to about 10,000; but to recognize that 10,000 is 10,000 too many and to reduce that number towards zero. We need not just to deploy battle groups and ARGs that are fully manned, but also to raise and stabilize the manning in training well before deployment. We need to assure that spare parts are not simply ordered, but are available in the field and fleet. We need to assure that inter-deployment training cycle reductions, Fleet Assistance Program reductions and Smart Work initiatives actually result in more time for Sailors and Marines to develop their professional skills, mentor and care for one another, and spend more days and nights with their families.

These are the most obvious challenges of 2000, and the Commandant, CNO, and I are committed to meeting them. Beyond that, there is a second set of challenges, somewhat less evident but, if anything, more significant to our well being. In recent years, but most especially in 1999, we have sown the seeds of a transformation in the Navy and Marine Corps: we have laid the basis for these truly to be better organizations in which to fight, work and live.

Not different in our values, our camaraderie, our honor, or our traditions; but dramatically better in our ability to secure the well-being of the Nation and to care for each other and our families. The challenge of the year 2000 is to recognize and nourish — indeed fight for — these transformational changes, so that we deliver a Marine Corps and Navy that are truly 21st century institutions.

What does that mean in practical terms? I start with ships—because they are the predominant platforms from which Sailors and Marines live, work and fight. We are now building and will shortly begin delivering our new and vastly more capable LPDs (twelve of which will do the work that previously took 41 amphibious ships), a new LHD, Virginia class submarines, and ADCXs (greatly improving fleet resupply capabilities). Beyond this, we can, must, and will revolutionize our surface strike platforms. DD-21 and CVNX are our pathbreakers. In past years, our research and development investments for better ships were lower than they should have been, especially when compared with other platforms.

While we are investing some \$13 billion Department of the Navy money in the development of the joint strike fighter, our carrier research and development budget has averaged \$5 million per year. We've raised that to \$1.5 billion for CVNX over these next five years. Our research and development budget for all other surface combatants was similarly low. We are now investing over \$4 billion in R&D for DD-21, much of it adaptable to the broader Navy (including submarines). If we follow-through on this effort, the effects will be revolutionary.

Over the next decade, we will change the propulsion system of our combatants by moving to electric drive (doing away with the maintenance and vulnerability of reduction gears, normously increasing electrical availability for war-fighting, greatly facilitating damage control, and reducing engineering manning levels); we will multiply fleet communications and connectivity; we will decrease the amount of work that must be done at sea, and thereby improve sea-shore rotation and reduce the number of souls at risk when we enter combat; and we will improve living conditions on ships in the decades ahead to the point that we should begin providing enlisted Sailors with shared

As we work on these longer-term goals, we are right now further changing the nature of war-fighting and sustainment by moving to integrated information systems with IT-21 and a revolutionary Navy-Marine Corps Intranet whose procurement we have just initiated. Our strike and other weaponry are dramatically expanding and will do so further as we introduce the Tactical Tomahawk, improved gun systems, and area and theater missile defense. Operationally, our doctrine commands, warfighting and research laboratories, and battle experiments are widening the aperture of our thinking with concepts like Ship to Objective Maneuver (without relying on an intervening shore build up), network warfare, organic anti-mine warfare, and UIAVs as sensors.

e are beginning to grasp equally revolutionary possibili W ties with respect to personnel. I have argued throughout the year gone by that, in too many respects, we remain "in-fected by the psychology of conscription." As we improve the quality of professional life for Sailors and Marines, we must also eradicate any tendencies to view our manpower as lowcost labor (the mode of thought when we had an almost unlimited number of young men and women driven to us by the prospect of conscription). Rather, we must invest in you as valuable (and costly) professionals who we need to support, develop and retain. That logic has led us to "Smart Work." This includes the use of civilians wherever possible. For example, 12 ships have been repainted by civilians instead of Sailors. (My favorite remark of 1999 was that of the bos'un mate who, watching these teams at work, said he felt like he'd "died and gone to heaven.") We plan to expand this effort. By the end of FY00 the number of civilian repainted ships and submarines will grow to 35. Smart Work also includes providing good tools instead of just making do with less. (My favorite question of '99 was that of the C.O. who asked: "Why do we give our Sailors less for cleaning a ship than is typically available to clean a house?") It also neludes automating to save labor (we now have plans to refit all our cruisers and a majority of our destroyers to accomplish this.)

The same logic has led us to improvements in training (especially pilot training) and to the Navy College Program. The College Program, initiated this year, provides every boot camp graduate with a transcript showing his or her credits from Navy training. Many first term Sailors will earn enough credits to take them half-way to an A.A. degree in an area related to their Navy training during their first enlistment. Lifelines also reflects this approach. This on-line system (also introduced in 1999) provides on-line information and interactive opportunities for Navy and Marine Corps families as well as service members. From anywhere in the world, at any time, you can now access information (www.lifelines4qol.org) about an array of professional and quality of life services.

What this adds up to is a better Navy and Marine Corps. A Navy and Marine Corps in which our hard work bears very meaningful and lasting results; a Navy-Marine Corps team that operates seamlessly together, communicating on an integrated network under a unified vision for the conduct of combat; a Fleet armed and equipped with 21st century technologies, tools, and equipment to both maintain the force and fight decisively in any mission of war; and - above all - a team of carefully recruited Sailors, Marines, and civilians who are consistently regarded as highly-valued professionals whom we diligently develop and retain.

In short, your Commandant, CNO, and I are trying not only to lead and manage a Department of the Navy that is the largest, most widespread and the most important employer in the world, but also to create a Navy and Marine Corps that is at one and the same time the most relevant and dominant 2 lst century fighting force, and the best employer in the world. These are obviously challenging goals, but ones we should set for ourselves and achieve. I like what we did last year. We can accomplish more in the year ahead.

Richard Danzig Secretary of the Navy

#2

120.7 mm X 78.5 mm #2

# #Full Page

245.5mm X 350mm

# DODEA revises teacher hiring requirements

JO2(SW) Victoria Best Naval Media Center

The Department of Defense Education Activity recently announced plans to revise basic qualification requirements for teaching applicants in DoDDS school districts.

A recent DODEA news release states the purpose of these changes is to align the policies of DoDDS with the nation's practices, in accordance with the National Teachers Examination and the Praxis Exam.

"New teachers in DoDDS are required to take the National teaching exam," explained DGF High School principal Mr. E. B Stafford. "We are no longer going to require this, we're only going to require that they pass their states competency exam."

This means teachers wishing to apply for a position for school year 2000-2001 no longer need to endure the lengthy process of obtaining a DoDDS teaching certificate and can be hired based on their stateside certificate.

"It's going to benefit the students," said Mr. Stafford. "We believe that qualified teachers coming into our community as spouses of our Sailors, Airmen and Marines, have had a better chance at having been more recently in a university.

It is our belief that they will bring with them the latest teaching strategies and implementation of programs based on the latest research and data gathering techniques from America."

Mr. Stafford said with the ability to hire locally he can fill positions faster and save the government money. "If we hire locally we don't pay transportation costs from America, we don't pay relocation costs, we get the teachers we need and we get them right here in our own community."

In a December news release, Mr. Ray Tolleson, Interim Director for DODEA said, "Streamlining our teacher-hiring practices, especially for the qualified spouses of military and Federal civilian employees who are assigned overseas, benefits everyone.

Taxpayers save a significant amount of money that would normally be spent on relocation expenses; military families overseas gain a higher quality of life, and most of all, students win with well qualified teachers who are available immediately."

The revised quidance for DoDDS qualification requirements and hiring procedures is scheduled to go into effect for school year 2000-2001.

Individuals interested in seeking local employment as teachers in DoDDS schools will be able to obtain application materials and information at DoDDS district offices and schools after April 1, 2000.

Further information can be found in the booklet "Overseas Employment Opportunities for Educators.

## Math: New materials, program to be used next year

continued from cover

The selected materials appeared to be heavier in manipulative-based teaching at the kindergarten through second grade level, commented Heather Navarrette, who has a daughter in the second grade.

"They're making a big difference between the grade levels. As they become older, they're making the material more mature," she

That translates into less manipulative-based work and into more bookwork – a change many parents here said they welcome.

DoDDS officials, though, aren't placing any restrictions on what teachers can or cannot use locally to teach their students.

That means if a teacher prefers teaching certain lessons or topics with the past materials, they're still able to do so.

"It's nice that DoDDS said we can still use the old materials," said O'Neil. "We're suppose to use all our materials as a resource, not like a bible that we have to teach page by page."

DoDDS officials are also hoping the new materials will make it easier for parents to help their kids with math homework.
"The series shows continuity through the lessons," said O'Neil.
"It'll be easier for parents to see where we are and how we got there."

McNaughton agrees, "The biggest change is in the home to school connection," she said. "I think with these new materials it will be easier for parents to help kids with their homework."

The materials also come with websites both parents and teachers can use to enhance learning at school and home. "I think the publishers were very concerned about making the parents connect with the materials," said Navarrette.

"I'm pleased. Pleasantly surprised," she said. "It's very hands-on [oriented] for parents who want to get in-



volved.

The new materials were first reviewed in March

Teachers will slowly introduce some of the materials this school year and will completely revise their lesson-plans for next year in order to incorporate the new materials.

## Connecting to the new materials

Kindergarten – 2<sup>nd</sup> Grade:

Mathematics, The Path to Math Success www.sbgschool.com

Grades 3 – 5:

Math www.mathsurf.com

Grades 6-8:

Math Thematics www.mcdougallittell.com/math

#2

120.7 mm X 78.5 mm

#2

120.7 mm X 78.5 mm #4

122.3 mm X 161.2 mm

# Scholarships available, help seniors succeed in school

Lt.j.g. Bill Davis NavSta Public Affairs Officer

In the next few months, seniors from David Glasgow Farragut High School and other schools with military members in the Rota area will be leaving high school and starting a new chapter in their lives as they attend college.

With rising tuition costs, however, this new chapter may mean a burden on the family's budget. To help with those costs, students can take advantage of some of the opportunities with scholarships and grants that are offered each year.

"We have 37 seniors, and if they are thinking of going onto college, there is some help for them," said Elaine Hermann, DGF Guidance Counselor.

"My recommendation would be 'why not apply'?" If for some reason, you change your mind about college, what have you got to lose, she said.

"Besides, it's a good experience because you get to represent yourself on paper," she said.

Some parents don't apply because they may say 'we make too much money', Hermann said. But you never know, plus your income situation can change.

Considering the amount of time it takes to fill out an application or submit a package for a scholarship may be well worth the time. "\$1,000 for a couple of hours work isn't bad," Hermann noted.

Last year, DGF graduates received more than \$100,000 in scholarships and grants. Out of that, \$70,000 went to one ROTC scholarship, and \$12,000 was in grants.

The Rota community pitched in for \$12,200 of the money through base organizations and commands providing scholarships to the seniors. The rest was made up in other various scholarships.

Hermann said that any qualifying student can submit an application for scholarship or grant, realizing that not all students of military members and base civilians attend DGF.

She also said that there are a number of opportunities for students to take advantage of, whether it's scholarship money, grants, or other types of financial aid; they just need to apply.

For more information about financial aid opportunities, contact Hermann at the DGF Guidance Office, ext. 4698, stop by room 807, or check out a web site.

## Some scholarships being coordinated by the DGF guidance office

The Retired Officers Association (TROA) Scholarship 200

Amount: \$1000 scholarship.

Who's eligible: High School senior or undergraduate college student; dependent child of service member; under age 24

Selection basis: Scholarship, citizenship and leadership
Deadline: March 1.

 $\begin{array}{cccc} \textbf{For more info:} & \textbf{(web site)} & \underline{\text{http://}} \\ \underline{www.troa.org} & \textbf{or} & \textbf{(e-mail)} \\ \underline{grant200@troa.org} \end{array}$ 

General Roscoe (ROCK) C. Cartwright Scholarship

Amount: \$1000 scholarship Who's eligible: High School senior; U.S. citizen

Selection basis: Academic excellence (SAT/ACT and GPA), 500word essay on "Why you aspire to be an officer in the U.S. Armed Forces."

Deadline: Feb. 28.

For more info: Call school's guidance office at ext. 4698

Stars and Stripes Scholarship Amount: \$3000 scholarship Who's eligible: High School seniors planning on majoring in journalism or mass communiations.

nalism or mass communiations. Selection basis: Academic excellence, academic standing, financial need, and three writing samples. For more info: Call school's guidance office at ext. 4698.

For all other scholarships, contact the school at ext. 4698.

## How you can support the DGF High School Scholarship Fund

A number of scholarships will be offered in the next few months as base organizations and commands announce their financial aid opportunities for graduating seniors.

With the graduation of another high school class approaching at DGF, the Rota community can step in and assist students in meeting the financial challenges they will face as they continue their education.

Base private organizations, commands or individuals can help support the scholarship fund by making donations. The scholarships will be awarded based on academic merit, leadership, extracurricular activities, and community involvement.

In keeping with the Navy's policy on equal opportunity, criteria such as race, gender, national origin, or religion will not be a consideration in the selection process.

For more information, please contact Lt. Cmdr. Felty at ext. 3075 or Ms. Hermann at ext. 4698.

## Financial Aid Web Sites

http://scholarships.com (Scholarships, Loans, and Grants)
http://www.sallienmae.com (Sallie Mae Home Page)
http://www.ed.gov/studentaid (Financial Aid from the U.S. Department

 $\underline{\text{http://www.finaid.org}} \quad \text{(The Smart Student Guide to Financial Aid)}$ 

http://www.scholarships-usa.com (Scholarships USA)

http://www.fastap.org (Scholarship Search)

http://www.plato.org/search.htm (PLATO Scholarship Search)Financial Aid Web Sites

http://scholarships.com (Scholarships, Loans, and Grants) http://www.sallienmae.com (Sallie Mae Home Page)

http://www.ed.gov/studentaid (Financial Aid from the U.S. Department of Education)

http://www.finaid.org (The Smart Student Guide to Financial Aid) http://www.scholarships-usa.com (Scholarships USA)

http://www.scholarships-usa.com (Scholarships U. http://www.fastap.org (Scholarship Search)

http://www.plato.org/search.htm (PLATO Scholarship Search)

#8

245.5 mm X 161.2 mm

## OCSC holds Rota art show

IOC Ion McMillan

The 7th Annual Officer and Civilian Spouses Club (OCSC) Art Show was held Friday at the DGF multi-purpose room.

The event raised more than \$600 that will be used to put on the non-profit organization's annual Charity Baskets event set for

"Fifteen local artists were represented including students from DGF," said Kim Diaz, event coor-

More than 200 people attended the event to either look at or purchase a wide variety of artwork. Portraits, nautical knot boards, lithographs, tiles and photography were on display.

"We hold this event each year so we can promote our local artists," said Diaz.

"A lot of the artists also donated some of their work for the Charity Baskets event, so if you didn't get a chance to shop at the art show, come by the Charity Baskets event."

That event will raise money for



More than 200 people attended this year's art show.

the Spanish and American Cancer Societies.

OCSC is a non-profit organization that hosts social events to raise money for other community organizations and for scholarships. The group will be awarding community grants from Feb. 20 to March 20

Call Diaz at 956-48-0046 for information on the OCSC, community grants and contact numbers for



Fifteen artists brought their paintings, photographs, tiles, lithographs, and nautical knot boards to the event

## 2000 Federal Financial Management Catalog

The Navy College Office in Building 52 (PSD) has a copy of the 2000 Federal Financial Management Catalog from The Center for Applied Financial Management, a part of the Department of the Treasury's Financial Management Service

The Center offers more than 20 courses, conferences, and seminars which are described in the catalog. Many courses at The Center have been recognized as meeting the requirements necessary for Continuing Professional Education credits.

The Center has been certified by the National Association of State Boards of Accountancy to provide such credits. Drop by the Navy College Office to take a look. Feel free to call with any questions at ext. 2711 or check out the info in the catalog on the website: http://www.fms.treas.gov/center.2000 Federal Financial Management Catalog

## Navy College Office DANTES Exams

These subject tests are often required by graduate schools for admission, and the Regents College awards credits for scoring well on these exams. They are funded by DANTES on a oncein-lifetime basis and are available through Navy College Office.

The next administration of these subject exams will be April 11, and they must be ordered by Feb. 29. Sociology and History are two such exams; but this will be the last administration of them as they are being eliminated from GRE's list. Questions? Call Richard at ext. 2711.

## DGF selects musicians to send to March festivals in Germany, Turkey

Angelina Iannacone DGF Senior

For some DGF music students, March will bring an opportunity to show off their talents at two separate music festivals being held in Europe. The Honor's Music Festival is held annually in Bad Kissengen, Germany and the Turkey, Spain, Islands Music Festival will be held this year in Incirlik, Turkey.

The competition for the Honor's music festival is tough and dedicated hopefuls gave up part of their winter vacation to make an audition tane. That tane consisted of a melodic excerpt that showed off specific technique and a selection of scales and arpeggios.

After a month of preparation, Mark Bignell, the DGF music instructor, spent an hour with each

student making the tape. Once satisfied that the student had done his or her best, Bignell mailed the tapes to Germany for adjudication. After what's been called 'a few nerveracking weeks', the results arrived: John Gromer, bass; Annette Massengale, alto; Richard Johnson, French Horn; and Steve Sullivan, percussion; qualified for this prestigious festival.

'It's a great experience and an honor. I'm happy to be going for my 2nd year in a row," said Gromer

The requirements for the TSI music festival were not as stringent. Students in each music class had a chance to go, as the audition also served as their final exam. The top 10 singers and 10 instrumentalists were chosen.

Selected are: Leah Brumfield,

Kim Rosander, alto: Noemi Tennant, alto; Heather Brown, Soprano: Josh Harrison, tenor/baritone; Sarah Harrison, soprano; Angelina Iannacone, soprano; Mike Goddard, tenor/baritone: Cristina Brock, alto: Danny Kineke, alto sax; Jeff Holcomb, electric bass: Megan O'Neal, 3rd clarinet; Eric Flagg, tenor sax; Roslyn Roylance, violin; Mark Holcomb, electric guitar; Brandy Dozier, 1st clarinet; John Buckles trombone; Benjamin Sargent, 1st trumpet: Gretchen Storm, Flute: Marcia Gromer 2nd clarinet (alternate); Joel Bignell, electric bass/ trombone(alternate); Anne Levy, 3rdclarinet (alternate).

These festivals are a way for students from different schools in Europe to experience performing

"The Honor's Festival is going to involve students from 29 European high schools, and they will have 11 conductors. At the TSI festival, there will be students from all six high schools in our district." said Bignell.

With a larger number of people. the music performed can be more complicated, which is part of the reason why it sounds so much better, he added.

"I believe it's a wonderful experience for DoDDS students to come together to perform in a place that other people in the States would not have the opportunity to go to," said Sarah Harrison.

The Rota Music Club will be fundraising for the upcoming trips by pumping gas and performing other activities.

## **NCLC Congratulates** Students

The Navy College Learning Center would like to congratulate the following students who completed courses in December:

Patsy Barella Math, Reading, and Language Arts SM2 Charles Jakway Chemistry Lori Martin Reading

MM2 (SW) Stuart Melvin Biology GM2 (SW) Jae Svoboda Language Arts

LCPL Zachary Truelson Mathematics Delia Zamarrina

English Composition CLEP prep

Congratulations to our students. They have worked very hard to complete their courses and receive their certificates.

#4

# #Full Page

245.5mm X 350mm

# COMMUNITY NEWS and INFORMATION

#### Valentine Cookie Sale

Have a "Heart"-shaped iced sugar cookie with your special message delivered by "CU-PID" for only \$3.00 on Feb. 14. The Air Force's Top-3 is making the special holiday deliveries, and you can get your orders in by calling ext. 2355 or by dropping by bldg. 1994. The deadline for orders is Friday.

## Singing telegrams for Valentine's Day

Looking for that special way to tell how much he or she means to you this Valentine's Day? We have the answer! Send them a singing telegram! For just \$10., members of Rota Little Theatre and the cast of "Steel Magnolias" will serenade your sweetheart, your best friend, a co-worker, or whomever you choose and leave them with a bag of kisses. Telegrams will be delivered on Monday, Feb.14. You pick the time, you pick the place. At work or at home, show that special someone how much you care! To place your order or get more information please call Amy at ext. 4662.

## African American History Month Luncheon

The African American Heritage Committee will host an African American History Month Luncheon on Friday at the Gateway Galley from 11 a.m. to 1 p.m. This year's guest speaker is Cmdr. Juanita Meredith, NC, who brings a wealth of knowledge in the areas of moral ethics and managing cultural diversity. Everyone is invited to attend this special celebration of African American reflections and speech. Contact Mrs. Debra Thomas at ext. 3524 for addi-

cheon is as follows: New England clam chowder, southern fried catfish, red beans and rice, southern style greens, corn on the cob, corn bread, and cole slaw.

#### DRMO Sale

A DRMO Cash and Carry Sale will be held Friday, Feb. 18, from 9 a.m. to noon in bldg. 186. The sale is open to Americans and Spanish authorized to shop at DRMO. All items must be paid for in cash and be removed by noon the day of the sale. Furniture, appliances (110/220) and other miscellaneous equipment and supplies are available. Call ext. 1358 for more information.

#### **Red Cross Rescuer Course**

The American Red Cross is offering the CPR for the Professional Rescuer on Friday, March 3, from 8:30 a.m. - 5:30 p.m., at the MWR Tennis Club. The cost for the course is \$45.00, and you can register at the ARC Office located in the PSD building (#52). For more information, please call ext. 2333 or 1617

## Space-A Travel

Recently, space available travelers through the theater have experienced inconsistencies with some passenger terminals about the Category 5, Unaccompanied Command Sponsorship Letter Verification. Some terminals have instructed passengers that they must have the original signed letter to enter and transit the AMC System. There is no guidance to substantiate this claim. According to regulations, "the documentation signed by the sponsor's commander shall be presented to the air terminal." HO AMC/

need a legible copy of the command sponsorship letter. One letter is good for one round trip. Multiple trips are not allowed under one letter. Further information may be obtained from Passenger Service at ext.

## VQ-2 Enlisted Spouses' Club Meets

The VQ-2 Enlisted Spouses' Club is hosting a Welcome Social Monday from 10:30 a.m. to noon at 1057 Navarra (in Las Palmeras Housing), to welcome new spouses to VQ-2. Children are welcome and please bring a dish to pass. Call Chris at ext. 4422 for more information.

The February Joint Advisory Board meeting will be held Thursday, Feb. 24, from 1:30 -3:30 p.m. at the Chapel Annex. Come here from base officials on a variety of issues and have your questions answered. Representatives from MWR, NEX, Commissary, DGF, Supply, Security, Housing and others will be on hand to hear and discuss your issues. Also, come on out and hear from the new base commanding officer, Capt. Richard Noble. The JAB will resume its normal schedule in March, which is 9:15 a.m. on the third Thursday of each month.

## **Rota Chief Spouses** Meeting

The next RCSA meeting will be held on Wednesday, Feb. 16, at 7:30 p.m. All Chief Spouses are invited to attend. Babysitting committed to helping others, for positions will be available. Please call Debbie at ext. as caseworkers. NMCRS is also seeking a

DONP has confirmed that dependents only 4719 for information on location and babysitting.

## VQ-2 Sailor's Son on Dean's List

Edwin Mark Davis, Jr., son of ATC and Mrs. Edwin Mark Davis, Sr. of VO-2 here in Rota. was named to the Dean's List at Pensacola Christian College for academic achievement during the 1999 fall semester. This was a result of earning a "B" average or higher.

#### OCSC Coffee

OCSC will hold its monthly meeting Wednesday, Feb.16, at 10 a.m. at the Spanish Officer's Residencia. Getting to know new friends, Spanish and American, is one of the highlights of living in a foreign country. As always, bring a friend. For more information or to RSVP, please call Kim Diaz at 956-48-0046 or Ana Santos at 956-48-0893.

## **NSGA Pre-Deployment**

NSGA will conduct a Pre-deployment brief Friday, Feb. 18, from 8:30 - 11:30 a.m. at ITT. Spouses are highly encouraged to attend. Child care will be provided and the brief will be followed by a picnic lunch. If you've got any questions, please call CTRC Devine at ext. 2600.

## NMCRS Seeks Volunteers

The Navy Marine Corps Relief Society is seeking dedicated professionals, who are

#4

122.3 mm X 161.2 mm

#2

120.7 mm X 78.5 mm

#2

# COMMUNITY NEWS and INFORMATION

dedicated and committed professional for the position of trainer. You would be responsible for conducting and supervising training of volunteers. To learn more about either one of these challenging volunteer opportunities, please call ext. 1614 or visit the NMCRS office in Bldg. 52.

#### Thrift Store

The Navy Marine Corps Relief Society Thrift Store (in Bldg. 575) is open Monday, Wednesday, and Friday 11 a.m. – 3 p.m.. All T.E.I. (Spanish ID) card holders are welcome to shop. Come in and check out the bareains.

## Phi Delta Kappa meets

Phi Delta Kappa (Educational organization) cordially invites you to attend their meeting at the El Faisan Restaurant in El Puerto de Santa Maria Saturday, Feb. 26, at 6:45 p.m. Eva Flagg, Instructor for the University of Maryland, and a PhD. Candidate at the University of Cadiz, will present a slide show "The Way of Life of the Saraguro Indians from Ecuador." Dinner will be served at 8:30 p.m. for more information or reservations, please contact Louise Mueller or Linda Hall at 926-82-4185.

## **Active Duty Service Call**

Family Practice Active Duty Morning Sick Call has moved to an appointment system. Instead of the old style "walk-in sick call" where you could wait over an hour to be seen, now you will call for an appointment to minimize your waiting time. FPC is prioritizing morning appointments for active duty "sick call" concerns (fever, new injuries, etc.) and routine care will continue to

be appointed throughout the day. Appointments will begin at 8 a.m., and the appointment lines open at 7 a.m. To make an appointment, call ext. 3618/3620 or(off base 956-82-3618/3620). For any questions, call Lt. Chapman at ext. 3470.

## **Regents CLEP Assistance**

The base Library has acquired new sets of Regents College CLEP materials in various undergraduate subjects. Give them a call at ext. 2418 for listings and exam course numbers. The Navy College Office is located in Building 52.

## The Navy College Learning Center

The center offers free computer-based courses in a wide variety of academic and practical subjects to active duty members, family members, retirees, reservists and civilians. For a full description, or to get more information about the courses available and how they can help you reach your goals, please visit the office in building 52 (PSD) near the snack bar or call ext. 3070.

## Family Practice Clinic Wednesday Evening hours

The Family Practice Clinic has expanded its hours on Wednesday's to better serve the Rota community. Each Wednesday, a limited number of appointments are available from 4 to 6 p.m. On a rotating basis, two providers, clinic nurse and corpsmen are available after the normal duty hours. All Family Practice services are available, including Well Baby exams, Pap smears and follow-up visits. This expanded schedule

helps all beneficiaries meet their health care needs without interrupting school or duty commitments. To make an appointment with a provider on Wednesday evening, please call ext. 3618 or 3620. For more information call Lt. Chapman at ext. 3470.

## **NCLC Hours**

The Navy College Learning Center is open Monday – Thursday, 10:00 a.m. – 7 p.m. and Friday, 10:00 a.m. – 2 p.m. The Learning Center has a variety of free work skills and academic classes to meet your educational needs. Come in and see how we can help you prepare for college, as well as improve your job performance. Visit the NCLC in Bldg. 52 (PSD) or call ext. 3070 for more information today.

## Navy College Office Subject Exams

Subject exams are professional certification exams for auto and truck mechanics, and will be offered on May 2, 3, and 4. There are a number of exams, and DANTES has authorized funding of these exams to military people in eligible ratings who choose to do the exams for credit. Navy College Office must order the exams by March 1. Interested parties should call Richard at ext. 2711.

## Navy College Office Lists Education Aids

With increased attention being paid to education, training, and certification, preparation becomes an evermore essential to consider. In addition to the Navy College Learning Center, ext. 3070, one can find sites on Internet to aid in preparation. Several which

have been identified are: <a href="http://www.iss.stthomas.edu/studyguides">http://www.iss.stthomas.edu/studyguides</a> (University of St. Thomas), <a href="http://www.iln.net/main/">http://www.iln.net/main/</a> (Interactive Learning Network - follow menu) and <a href="http://www.kisgroup.com/dds/study-tips.htm">http://www.kisgroup.com/dds/study-tips.htm</a> (many links to various sites). For more information, contact Richard at the Navy College Office at ext. 2711.

# Leadership Training Continuum (LTC) course The following are the scheduled class dates

for Leadership Training Continuum (LTC). E-5 17-28 Apr; 15-26 May; 10-21 Jul; 14-25 Aug E-6 13-24 Mar; 13-24 Mar; 5-16 Jun; 28 Aug- 8 Sept E-7 22 Feb-3 Mar; 19-30 Jun After Oct. 1, completion of LTC will be re-

After Oct. 1, completion of LTC will be required to take the E-6 or E-7 advancement exam or participate in the E-8 advancement cycle. Twice as many classes have been requested, but this is the fair share. We must make sure we do not let a single one of these seats go unfilled. Scheduling POC for COMNAVACTS is NC1 Jackson at 2496.

#### **MWR Fax Services**

MWR has expanded its personal fax services and reduced its prices. Personal fax services are now available at both ITT (Mon-Fri) from 9 a.m. – 6 p.m., and the MWR Library (Mon-Thu) from 10 a.m. – 8 p.m., (Fri) from 10 a.m. – 5 p.m., and (Sat/Sun/U.S. holidays) from 10 a.m. – 3 p.m. The prices are \$3 for the first page transmitted to CONUS, \$1 for every additional page transmitted to CONUS. Cheaper rates apply to faxes within Europe (\$2/\$1) or faxes within Spain (\$1/\$\$.50). There is no charge for incoming faxes.

#2

120.7 mm X 78.5 mm

#2

120.7 mm X 78.5 mm #4

122.3 mm X 161.2 mm

# COASTLINE CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>UARY</b> A		CH mens tory Month	TT Trip, Sevilla Historical Tour, call 3101  DGF Basketball Tournament, 9-12 Feb., Alconbury	Creative Resume, 9-11 a.m., call 3232  African American History Month Luncheon, Galley, 11 a.m 1 p.m., call 3525  Valentine's Day 5K Run, noon, Fitness Center, call 2563  Valentine's Dinner, Reflections, call 2851	Lincoln's Birthday  ITT Trip, Gibraltar Rock Tour, call 3101
13 "An Evening of Elegance", 8 p.m., call 5291  ITT Trip, Ronda Trip, call 3101  Sunday School, DGF, Protestant, 9 - 9:50 a.m.; CCD, 10:30 - 11:30 a.m., call 2161	Valentine's Day  Send a singing Valentine, call 4662  VQ-2 Enlisted Spouses' Club Meets. 10:30 a.m., call 4422	15 ITT Trip, Ubrique Leather Shopping, call 3101 Origins of Racism Seminar, Cadiz Rm., 11:30 a.m 1 p.m., call 3525 Communication Class, 5:15 - 8 p.m., call 3232	16 pgf H.S. SAC, 4 p.m., Library Anger Management, 5:15 - 7:15 p.m., call 3232 Rota Chief Spouses' Meeting, 7:30 p.m., call 4719 OCSC Meeting, 10 a.m., call 956-48-0046	Trip, Jerez Horse Show, call 3101 Seminar (Dress for Success), Cadiz Rm., 11 a.m 1 p.m., call 3525 Smooth Move, 12:30 - 4:30 p.m., call 3232	DRMO Cash & Carry Sale, 9 a.m noon, call 1358 NSGA Pre- Deployment Brief, 8:30 - 11:30 a.m., call 2600 Brown Bag (Portugal in the 15th Century), noon - 1 p.m., call 3232	Flea Market, Drive-In, 9 a.m noon, call 2527  Texas Cup Golf Tourney, 10 a.m., call 2260  Youth Basketball Opening Day, call 2563  African American History Month Festival, DGF MPR, 10:30 a.m 3:30 p.m., call
Rota Swim Club Meet, EFSL Championships, Munich Germany	Presidents' Day  ITT Trip, Ronda Trip, call 3101	Washington's Birthday  DGF Elem. SAC, 3:50 p.m., Parent Conn.Rm.  ITT Trip, Sevilla Shopping Trip, call 3101  Healthcare Seminar (High Blood Pressure), Cadiz Rm., 11 a.m 1 p.m., call 3525	23 ITT Trip, Jerez City Tour, call 3101  Parents & Tots, Every Wed., 10:30 a.m 12:30 p.m., call 3232  TAP Seminar for Separatees, 23-25 Feb, (8:30 a.m 4:30 p.m.) call 3232	TTT Trip, Cadiz Historical, call 3101 Joint Advisory Board Meeting, 1:30 p.m., Chapel Financial Seminar, Cadiz Rm., 5:30 p.m., call 3525 TAP Seminar for Separatees, 23-25 Feb, (8:30 a.m 4:30 p.m.) call 3232	25  ITT Trip, Arcos Historical Tour, call 3101  TAP Seminar for Separatees, 23-25 Feb, (8:30 - 11:30 a.m.) call 3232	26 ITT Trip, Gibraltar Rock Tour, call 3101 Phi Delta Kappa Meets, 6:45 p.m., call 4185 Rota Swim Club Meet, Andalucia Day TROFEO, Algeciras
27 ITT Trip, Sevilla Historical Tour, call 3101 Sunday School, DGF, Protestant, 9 - 9:50 a.m.; CCD, 10:30 - 11:30 a.m., call 2161	Andalucia Day  Gospel Choir Program and Potluck Dinner, Chapel Hall, 6 p.m., call 3525	29 ITT Trip, Gibraltar Shopping Trip, call 3101 Leap Year Slam-Dunk Contest, 4 p.m., at The Edge, call 4625	Parents & Tots, Every Wed., 10:30 a.m 12:30 p.m., call 3232 Youth Baseball Registration begins this month, call 2382	Smooth Move, 12:30 - 4:30 p.m., call 3232 Single? Check out MWR's Liberty Program, call 2527	Red Cross Rescuer Course, 8:30 a.m 5:30 p.m., call 2333	Tune in to HOT 102.5 FM for base news and information.  Want to explore Spain? Call ITT at 3101
5 Sunday School, DGF, Protestant, 9 - 9:50 a.m.; CCD, 10:30 - 11:30 a.m., call 2161	Spanish Classes Begin, call 3232	Check out the Thrift Store, bldg. 575	Ash Wednesday  Parents & Tots, Every Wed., 10:30 a.m 12:30 p.m., call 3232	Support the DGF Scholarship Fund, call 3075 or 4698	Creative Resume, 9 - 11 a.m., call 3232	Rota Swim Club Meet, BENJAMIN/ALEVIN (Carnaval), Jerez

#4







## Conil de la Frontera

Story and photos by JOC Jon McMillan

he town was still taking its af ternoon siesta and wouldn't wake for at least one hour.

Streets were mostly bare and all the shop windows were rolled up. It was a striking contrast to the last few visits I've made to Conil de la Frontera – a town that always seemed to be alive taking deep breathes of the warm, salty sea air.

Even in its sleep though, the town had its own special quality. A misplaced tower connected to nothing but standing guard next to a freshly built stage. Secluded green gardens hidden behind wrought metal gates. Empty beaches with an angry sea that whipped up waves to punish the barren sand.

It was much different now. It was quiet.

I remember going to Conil last year for some party. The night was dark but the streets were well lit with streetlights and hanging bulbs that dangled from one vending stand to another. There was a wild assortment of hippie-style leather products, homemade handcrafts and original art. The incredible beaches were filled with small groups of people huddled closely together around a small beach fire. Waves crashed against the shores and the sound mingled with the murmur of voices and the bass beats of dance music escaping the walls of some discotech. It was a fun time negotiating the tiny streets and enormous crowds of young people out to party. My friends told me Conil was a party town - a place young people go to meet and have a great time. I remember thinking back to my high school days when we'd do the same - leave our town and go somewhere else. For no reason really, except it was new.

And Conil in the daytime, during the summer, is an altogether new experience, too. Until you stand on the enormous beach there and look north towards Cádiz and south towards Tarifa – you really can't appreciate just how large the beach is. And it's this size that makes going to the beach there comfortable. There are still millions of people there – just like every other beach on this coast – but, at Conil you can stake out your claim, pull out a book and relax. More than likely, no one will trip over your head or kick sand into your mouth. There's just more room.

The size of the beach, though, can also be a problem at Conil. When the Levante winds kick up – and if you haven't expe-

# Conil de la Frontera

rienced them yet, they do kick up [rumor has it the constant howling they produce can cause madness] – sand is blown all around the beach. There is no protection and the sand sometimes stings as the wind tries to burrow the particle into your body.

But, those things are expected, no? Minor inconveniences that really provide an opportunity to explore and visit the other side of Conil - well, any of the other sides of Conil. The city is ancient dating back to the Phoenicians, Romans, Visigoths and yes, Moors. It's a typical white village with winding streets and Andalucian patios. It's an inand credible walk around the town - exploring the many different roads and passageways. The three times I've been exploring the town have each been very unique and filled with their own interesting findings. A windy walkway that continued to grow smaller and smaller. An impressive view of farmlands sitting beneath the rocky cliff the town sits on. Specialty shops with handcrafted Conil pottery.

But this weekend Conil was quiet. The shops were closed. The town napped. Four boys chatted near a church square. A father watched his little boy ride his tricycle. Two girls sat on park bench and told each other tales. A couple strolled down the beach boardwalk as a surfer left the water.

It was quiet and peaceful. A moped ripped through the streets. The town started to awake from its siesta. Time to hit the streets.













#2

120.7 mm X 78.5 mm #2









#2

120.7 mm X 78.5 mm #2



Feb. 10

Saharan Culture Exhibition. Centro Cultural "El Palillero", Cadiz, through Feb. 11. Visiting hours: 10 a.m. – 2 p.m. and 5-9 n.m.

"Cadiz en el Mundo" Exhibition.
Diputacion de Cadiz. Through Feb.
28. Visiting hours: 10 a.m. – 2 p.m.
and 6-9 p.m. Sat., Sun. and holidays 11 a.m. – 4 p.m.

Permanent Exhibition. "Libros y Maquinas" (Books and Machines) at Municipal Library, Jerez.

Painting Exhibition by Pedro Escalona. Pescaderia Vieja, Jerez. Through Feb. 20

**Painting Exhibition** by Jose Duarte at Carmen de la Calle Gallery, 1 Medina St., Jerez.

Movie: "La Palabra" (Ordet) of Carl Theodore Dreyer (Denmark, 1954) Carl Theodore Dreyer Cycle. This movie is in Original Version and subtitled in Spanish. It will be projected at Edificio San Luis, 2 Plaza del Ave Maria, El Puerto, 8 n.m.

Valentine's Bingo. Special prizes for this special bingo. Sales begin at 6:45 p.m. and the early bird begins at 7:15 p.m. Call ext. 1994 for details

Burger King. Join the Liberty trip to the Bahia Sur Mall for food and a lot of great shopping for your valentine. Call ext. 2527 for more information.

Kids' Free Bowling Clinic. Hey kids, here's your chance to improve your bowling skills. Pizza is served after the instruction. Call ext. 2112 for more info.

Sevilla's History. Join ITT for this trip to the historical city of Sevilla. See the famous Alcazar and the Cathedral of Spain. Call ext. 3101 for more information.

Valentine's Party. Creative Kids are have a Valentine's Party today at 4 p.m. for children ages 6-9. Call ext. 4721 for details.

## Frid*a*y

Feb. 11

Photographs Exhibition. "The Neorrealism in the Italian Photography". Sala San Fernando, 56 Larga St. Jerez. Hours: 11 a.m.-2 p.m. and 6-9 p.m.

Painting Exhibition by Mariano Cano, at Café Pub Blanco y Negro. 10 Ricardo Alarcón St., El Puerto. Through Mar. 9. Visiting hours: 5 p.m. until early in the morning.

Painting Exhibition by Paloma Gamez. Milagros L. Delicado Gallery, 3 Diego Niño, St. Centro Cultural "Alfonso 10<sup>th</sup> El Sabio", El Puerto. Through Feb. 13. Visiting hours: 10 a.m. – 2 p.m. and 5–9 p.m.

Music. Antique Music, "Mediaevum" Monasterio de la Victoria, El Puerto, 9 p.m. Price: 800 ptas. Tickets window hours: 11:30 a.m.-1:30 p.m. and 7:30-10:30 p.m. at Plaza de las Galeras. Same day ticket: Monasterio de la Victoria, 7:30-8:55 p.m.

Music. American Rock. "Driver 8". Café du Mundo & Copas, Ribera del Rio, (Old Piano bar), 11 p.m.

Flamenco. Juanjo Berrocal and Agustin Garcia (singers), El Niño de la Escalerilla (guitar). Tertulia Flamenca "Tomás El Nitri", 1 Diego Niño St, El Puerto, 10 p.m.

Fez, Morocco. The deadline to sign up for the adventure with ITT to the city of Fez. You will also have a walking tour of Asilah. Call ext. 3101 for details.

Sierra Nevada Ski Weekend. Head for the slopes of Sierra Nevada with Liberty. The trip departs on Friday, February 11<sup>th</sup> and returns on Monday, February 14<sup>th</sup>. Cost is from \$166 per person. Call ext. 2527 for more information.

Cadiz Historical Trip. Experience the ambiance of a 3,000 year old city. The ITT tour on January 25 begins with a visit to the Cathedral and then to the Archeological Museum of Cadiz and lastly, the Tower of Tavira. Call ext. 3101 for details

JAMS Dance. A Valentine's dance for children ages 10-12 is scheduled for today from 7-9 p.m. Call ext. 4721 for more informa-

**Love your Heart?** Try the Valentine's 5K Run set to begin at noon today. Call ext. 2563 for more info.

8 DAYS IS IOOKING FOR SOMETHING TO DO!

SUMBIT IDEAS TO: coastline@navsta.rota.navy.mil

## Saturday

Feb. 12

Theater. "Teatro Multimedia" presents Javier Mariscal in "Colours". Teatro Villamarta, Jerez, 9 p.m. Reservation by phone at 956-329-507.

Spades anyone? Liberty hosts a Spades tournament for you and your partner. Call ext. 2527 for more details.

Glo Bowling. Teens have fun with the Glo-in-the-Dark equipment at Rota Lanes tonight from 8:30-11 p.m. Call ext. 2112 for more information.

Talk to the Animals. Visit the Barbary Apes, where else but "The Rock!" Experience a little of British culture and cuisine. Call ext. 3101 for details.

**Dinner for Two**. Try a night of fine dining at Reflections with this dinner for two featuring chateaubriand and key lime cheesecake. Call ext. 2851 for reservations.

## Sunday

Feb 13

Movie: "Sue, Perdida en Mahattan" (Sue, lost in Manhattan) of Amos Kollek (EE.UU., 1999) This movie is in Original Version and subtitled in Spanish. It will be projected at Casino Bahia de Cádiz, El Puerto, 8:30 p.m. Movie: "Al final del Eden" of Larry Clark (EE.UU., 1998)

Children's Play. Puppets. The group Titirayana presents "El arbol". Every Sunday at Alameda del Banco (behind McDonald) 1 p.m.

Music. Concert by the Municipal Band, every Sunday at Alameda del Banco (behind McDonald),

Single Sunday Night. Join Liberty singles on this trip to Cadiz La Fondue Restaurant at 8 p.m. Call ext. 2527 for more info.

Valentine's Special. Don't know what to get your sweetheart? Try some tires from Auto Used Parts Emporium. They are offering 50% off all tires today. Call ext. 1530 for details.

"The Grand Canyon of Spain". The white town of Ronda, situated high above the Tajo Gorge, offers a "breathtaking" view from many vantage points. It also boasts one of the oldest bullrings in Spain. Travel with ITT to this marvelous city. For information, call ext. 3101.



## Monday

Feb. 14

Lunch Special. Join your friends for lunch at the Rota Lanes Bowling Center, Monday-Thursday 11a.m. – 1 p.m., for games that cost only 75 cents each. And while you bowl, try a terrific sandwich from the Market Street Grill. Call ext. 2112 for info.

**Ping-Pong Tournament.** Liberty singles try their hand in this tournament, tonight at 8 p.m. Call ext. 2527 for more information.

## Tuesday

Feb. 15

Ubrique Trip. If you need to add more leather to your wardrobe, this ITT trip can help. The town is filled with many small shops with a large variety of items from which to choose. Call ext. 3101 for information.

Stretch & Strengthening. This class teaches advanced ballet with floor barre, adagio barre and center. It is open to older children and adults with some dance experience. This class develops strength, placement, flexibility and focus. Classes are Tuesdays & Thursdays, 11:50 a.m.-12:50 p.m. The cost is \$24. Call ext. 2527 for more information

## Wednesday

Feb. 16

Barefoot Nuns. Visit Medina Sidonia, a white town located soutwest of Arcos de la Frontera. See the Roman Catacombs and the Convent of the Barefoot Nuns. Call ext. 3101 for more info

Auto Used Parts Emporium. Every Wednesday in February, receive 50% off all shelf items. Call ext. 1530 for more information. Auto Hobby Shop. Every Wednesday in February receive 50% off on tires and balancing. Call 2268.

## Thursday

Feb. 17

Fitness Center Closure. The Fitness Center and Aerobics Center will be closed all day today due to a scheduled power outage. See you tomorrow! Call ext. 2563 for more information.

Pizza Hut Run. Cure the cravings for that hometown pizza by joining Liberty singles on this trip at 6 p.m. Call ext. 2527 for more info. Horse Show. See the famous Andalucian Dancing Horses, visit a bodega and discover why Jerez is famous for its sherry all in the same day. Call ext. 3101 for more information.

Free Auto Skills Classes The next class is scheduled for today at 10 a.m. Learn the basics from the Auto Hobby Shop staff. Call ext. 2268 to sign up.

## Beyond

Texas Cup. The Rota Golf Association hosts the Texas Cup Golf Tournament on February 19 at 10 a.m. The cost is \$20 for RGA members and \$25 for non-members. The tournament is an 18-hole individual stroke play, full handicap using a Texas cup on all 18 holes (the hole is cut at 8" in diameter instead of the normal 4¼"). Call ext. 2260 for more information.

Heartbreaker's Weekend at Expeditions.

Saturday, February 11<sup>th</sup>, Spades Tournament 4:00 p.m.

Sunday, February 13<sup>th</sup>. Sadiz La Fondue Restaurant Night 8:00 p.m. Monday, February 14<sup>th</sup>. Ping Pong Tournament 6:00 p.m.

Call ext. 2527 for more information on these and other events happening at Expeditions.

Valentine's Sale. Buy a Valentine's balloon bouquet for your loved one at Craftech and receive a regular size coffee mug,

#2

120.7 mm X 78.5 mm #2

## Beyond

two mylar balloons and three latex for only \$10. Discount good February 10-15. Call ext. 2550 for information.

**Locker Room Closing.** The Pro Shop at the Fitness Center offers 15% off all merchandise in stock through the month of February. Call ext. 2565 for info.

Coming This Spring...Ye Olde Frame Shoppe, do-it-yourself framing, available at Craftech sometime this Spring. Learn how to frame and matte your favorite paintings & photographs. Instruction is available so call ext. 2550 for more details.

Highland Dancing. If you are interested in a challenge and stepping to a different beat, try the new classes in this Scottish dance form. For more information, call ext. 2527 or stop by Expeditions.

Fencing!!! The Fitness Center now offers fencing classes every Monday, Wednesday & Friday from 7-8 p.m. and Saturday from 11 a.m. until noon. The cost is only \$30 for a month of unlimited classes. Call ext. 2563 for more information.

Wanted! Craftech is looking for individuals interested in sharing their expertise as instructors for classes. Please call ext. 2550 for details

Save a room for me! ITT gives you a "Taste of the Mediterranean" on this 7-day cruise that sets sail on June 17. Reservations must be made now due to limited space. Call ext. 3101 for more details.

**Bowling/Pizza Party.** Register by February 15. The party is Febru-

ary 19 from 12-3 p.m. Bowling and pizza for only \$5. Call ext. 4721 for information.

Martial Arts. Sign up for jiujitsu, aikido or tae kwon do classes at Expeditions. Call ext. 2527 for more information.

Aqua Aerobics. Try deep or shallow water aerobics Monday through Friday. There are several class times to choose from, so call ext. 2129 for details.

**Comment Line.** MWR now has a line open for your comments and suggestions. Call ext. 1522.

Website. Visit the MWR web page at www.mwrrota.com

## Sporting activities around Spain

14th Marathon "Bahia de Cadiz". The Marathon will be held on Sunday, February 13, starting at Plaza de España in San Fernando and finishing at Centro Nautico "Elcano" in Cadiz. Registration through February 11. Fee: 500 ptas. For more information, call Community Relations. ext. 2813.

### XVI Marathon Ciudad de Sevilla. 27 February 2000.

Distance: 42,195 mtrs. Starting time: 0900 a.m. at the Olympic Stadium. Inscription will go through February 23rd. Entry fee: 3,500 ptas; Non-Spanish residents: 5,000 ptas and out of line: 5,000. For registration and more information, call to the Community Relations Office, ext. 2813.

## Rota to host 2000 job fair

A job fair will be held in Rota this year. Service members who are separating/retiring within 180 days and DOD civilians and their family members are eligible to attend this Job Fair on May 16-18 at Reflections.

This is a CICNUSNAVEUR sponsored program and there are specific eligibility requirements that must be met.

If you meet, or can meet, all of the conditions listed below (unless otherwise noted), contact your career counselor to begin the registration process.

Registration requirements: \*\*Will separate on/before 30 November 2000

\*\*Complete the DD Form 2648 (Pre-separation Counseling Checklist) with your CCC

\*\*Run a PTAD/TDY Chit through your chain of command

\*\*Attend a resume class within the past six months and have several copies of your completed resume by 1 April (This resume will be sent electronically to Military Overseas Recruiting Events (M.O.R.E.)

\*\*Register for the Job Fair via web site: <a href="www.more-web.com">www.more-web.com</a>

(Family Service Center will remain open on Wednesday and Thursday evenings from 5 to 8 p.m. to assist members with electronic resumes and resume/interview preparation classes.

Video taped mock interviews beginning 6 April 2000.

A resume class for all job fair attendees is scheduled Thursday, 2 March, from 6:00 to 8:00pm.
Interview preparation classes are scheduled for 30 March, 6 & 13 April or 27 April, 4 & 11 May (This includes Dress for Success and video taped Mock Interviews). If you have any questions concerning the upcoming Job Fair, contact the transition Assistance staff at the

Navy Family Service Center at ext.

## EMPLOYMENT

### **MWR Job Vacancies**

Cashier/Proshop at the Fitness Center Recreation Aide at ITT Photo journalist/artist illustrator at Publicity Ticket seller at theTheater Cashier at Market Street Program assistant at CDC Bartender on-call at Reflections Recreation aide at the Kennels

In addition MWR is recruiting for the following: Us aerobic instructors, x2535; Family Child Care Providers x 1105; and US crafts instructors x2550. The MWR department has an emergency hire program for eligible personnel. For more information please contact x2596

## **HRO Jobs Vacancies**

Child Development Program Technician, GS-05, Closes: 14 Feb 00 Apply at HRO, Bldg. 52.

## **NEX Job Vacancies**

The Navy Exchange is continually accepting applications for employment from spouses and other U.S. family members of military or civilian personnel stationed in the area for various positions that become vacant due to contstant rotation of military personnel.

#3

183 mm X 78.5 mm #2

78.5mm X 58.4mm

#3

183 mm X 78.5 mm

## DADE

## PARENTS AND TOTS

Come share you ideas with other parents and have fun with you child at the same time. This group, for parents with children (birth to 4 years), is held every Wednesday from 1030-1230 in room 201, DGF School. Call Navy family Service Center at 3232 if you have any questions.

## CREATIVE RESUME

February 11, 9:00-11:00
A good resume is of key importance in the job search process. Employers usually see your resume before they meet you, so learn to write a resume that stands out among the rest. This program is designed to help you prepare a resume that will impress your next employer. Topics include: resume formats, skills and abilities, the cover letter, do's and don'ts of resume writing and more.

## SPANISH CLASSES

Navy Family Service Center offers free Spanish speaking classes. Registration is Feb. 15. Classes begin on March 6 for 6 weeks. There are two beginning Spanish courses 9:15-10:15 and 3:30-4:30. Intermediate Spanish is

11:30-12:30. For more information call 3232.

## VOLUNTEER RECOGNITION NOMINATIONS

The Volunteer of the Year

Award program recognizes the contributions of volunteers who give freely to improve the quality of life in the Rota community. There are two types of awards given. The Helping Hand Award, for a volunteer who has contributed up to 300 hours during the year and the Volunteer of the Year, for a volunteer who has contributed more than 300 hours during the year. Each organization may submit one Helping Hand and one Volunteer of the Year active duty nomination and one Helping Hand and one Volunteer of the Year civilian nomination. The current period for nominations is 1 March 1999 through 29 February 2000. Instructions for submitting nominations are included in NAVSTA Rota Instructions 1700.13. Deadline for nominations are 31 March 2000.

All nominations should be sent to: Kathy Arcement Volunteer Coordinator Navy Family Service Center PSC 819 Box 57 FPO AE 09645

## NAVY FAMILY SERVICE CENTER

The program encompasses all command and organization in Rota, ie., athletic coaches, scout leaders, Ombudsman, and teacher assistants.

## COMMUNICATION& ASSERTIVENESS

February 15, 5:17-7:15 Learn effective listening skill, develop the ability to clearly state your needs and increase self. Lack of these skills foster loneliness and frustration with daily interaction in the work place as well as in the home. Become a better communicator and take an active part in personal growth.

## ANGER MANAGEMENT

February 16, 5:17-7:15
Anger is physical and psychological response. When understood, it can appropriately be used to motivate, communicate ideas through assertive behavior, and assist in establishing personal boundaries. The goal is not to eliminate anger but to manage it effectively.

## STRESS MANAGEMENT

February 17, 5:17-7:15 Learn to deal more effectively with life stressors such as work performance, safety, familial and social relationships, physical health and readiness, and more. This experiential class teaches you specific techniques for dealing with a variety of stress types.

## SMOOTH MOVE

February 17, 12:30-16:30
Are you getting ready to make a PSC move and wondering how you can prepare in advance? Our Smooth Move workshop will help you to arrange your move step by step. Learn how to apply for travel allowances, plan a relocation budget, as well as getting tips from Personal Property, Housing, Customs, etc.

## BROWN BAG SEMINAR

Portugal in the 15<sup>th</sup> Century February 18, 1200-1300.

# Children's Dental Health Month: Fluoride, exams

Lt. Cmdr. Keith Coe Branch Dental Clinic Rota

There are four basic steps that can make a positive impact on a child's oral health. Moderation of dietary sugar intake, proper oral hygiene, access to fluoride, and regular dental check-ups.

These are preventive means to reduce the risk of dental disease (decay). This article will focus on fluoride and the dental examination; the following week's article will discuss dietary sugar intake and oral hygiene.

Fluoride has made a large impact on reducing dental decay since the middle of this century, when it was placed in the drinking water. When fluoride comes in contact with the tooth, it helps remineralize the enamel. Recent studies indicate that fluoride may actually reduce the number of bacteria that cause dental decay. Fluoride may be delivered in many forms.

Here in southern Spain, systemic supplementation, or fluoride that is swallowed, is recommended for children between the ages of 3-16, if they reside off base, since this water supply has insufficient fluoride levels. This type of fluoride is primarily intended for the unerupted developing

permanent teeth. The base water supply is adequately fluoridated, and no one living on base should be taking systemic fluoride supplementation.

Toothpaste, oral fluoride rinses, and fluorides applied by a dental health provider are topical forms of fluoride. These types of fluoride benefit the teeth that come in contact with the fluoride.

Will "an apple a day keep the doctor away"? Probably not. Regular dental visits allow the dental staff to evaluate the potential for oral disease, answer questions for the parent and patient, establish a positive experience, and promote an awareness of good oral health. During a child's dental check-up, in addition to the teeth, the growth of the iaws, health of the gums and soft tissues, the jaw joints, and habits that may cause improper dental alignment are evaluated.

A follow up dental visit is made depending on the risk the child has for dental disease. Low risk patients may be seen yearly, moderate risk patient every six months, while patients who present a high risk for dental disease may need to be seen every three months.

#2

120.7 mm X 78.5 mm

#2

120.7 mm X 78.5 mm #4

122.3 mm X 161.2 mm

# #Full Page

245.5mm X 350mm

# AFN TELEVISION

 $>>> To \, see \, the \, Spectrum, \, Newsports \, and \, AFN \, Pacific \, television \, schedules, \, go \, to \, www.afrts.osd.mil/tv$ 

Time	Thursday	Friday	Saturday	Sunday	Monday	Tuescay	Mednesday
1:00	Opean Winfrey (TV-14)	Opran Whitey (TV-14)	Heyl Amold (TV-Y)	Wonderk I World Disney	Oprah Wantrey (TV-14)	Oprah Winfrey (TV-14)	Oprah Wintey (TV-14)
1:30	<:56> Port Charles (TV-14)	<:55> Port Charles (TV-14)	Grosebumps (TV-Y7)	24	<:56> Port Charles (TV-14)	< 55> Port Charles (TV-14)	<:55 Part Charles (TV-14)
	<20> O. iding Light (TV-14)	<:20> Guiding Light (TV-44)	African American	Cinderalla (TVPG)	< 20> Cuicing Light (TV-14)	<:20> Guiding Light (TV-14)	<20> Quiding Light (TV-14)
10:00			Wasters of Invention				
10:30							
11:00	< "I> General Hospital (T	F<:10≥ General Hospital   TV	100001100000000000000000000000000000000	Wild Trings (TVFG)	<:10° General Hospital	<:10> General Hospital	<:10> General Hospital
11:30	2859 98		Cal Fornia s Gold		100.000.000		2552750 98
12:00	Headline News	Headine Hews	Headline News	Headine News	Headline News	Feadine Hews	Headline News
12:30	Wheel Of Fortune (TV-G)	Wheel Of Fortune (TV-G)	Harry Marine Corps News	Air Force TV News	Wheel OfFortune (TV-G)	Wheel Of Fortune (TV-G)	Wheel Of Fortune (TV-G)
13:00	Today	Today	Beverty F113, 90210 (TV-14)	HBA AIRSIAF 2010 Sainte	Today	Today	Today
13:30			Im Married	2000000			
14:00			Metrose Place (TV-14)	(Ozkland, CA)			
14:30			Lexi Gets Stiffed				<u> </u>
15:00	Animaniacs	Sylvester&Tweety Mysteries	20/20 Fri		Disney's Pepper Ann	Spiderman: Animated Series	"az#Aənia
15:30	Balman (TV-Y7)	Hightmare Hed	1100 B 1 20146		Bobby's World	Popular Mechanics For Kids	Dartwing Duck
16:00	Pokenon (TV-Y)	äster, Sister	WVF 3. perstans (TV-14)	Fercules: The Legendary	in The Nik (TY-PG)	Nick Hens	Power Rangers in Space (TV
19:30	10.000010000000000000000000000000000000	Sapring, The Teenage Wilch		Redemption	Boned'Hers	Scholastic Sports America	City Guys (TV-PC)
17:00	Jeopardyl (TV-G)	Jeopardy (TV-G)	Headline News	Computer Chronicles	Jeopanty/  TVG	Jeoparcy (TV-C)	Jeopardy! [TV-5]
17:30	Heading News	Headine News	Harry Marine Corps Hews	Wall Street Journal Report	Headline News	Feadine News	Headline News
18:00	Morning Business Report <:15- CNNS	Noming Business Report <:30> Chivsi	MASCAK MINSKIN CUD (CBS)	NASCAR Winston Cup (CBS) Bad S/hootbut	Morning Business Report <: 100 CMM/SI	Norting Business Report <:33> CMWSI	Monting Business Report
18:50	<:15 CM/S	COD CHARL	Anneas EM Anallista		S:150 CARRSI	COS CHARI	<:32> CHHISI
19:00	Dhamia & Greg (TV-14)	King Of The Hill (TVPG)	Daysons 500 Qualifying	(Caylona Beach, Florida) NCAA Baskethall (CBS)	A Winnie The Footh	Everybody Loves Raymond	Smart Cary (TV-PG)
	Two Guys, A Cirl And A					Frimetime Movie	Moesna (TV-PG)
19:30	J.E. Shoot Ne (TV-14)	That 70s Show (TV-PC) Star Trek: Deep Space Wine		UCL4 at Syracuse	AFN Special		
20:00		E 11-111 E-1-1 T-1-1111		(Big East)	Up Close & Personal	Introducing Dorothy	Farty Of Five (77-14)
20:30	<:35° Spin City (TVPG)	Prodigal Daughter	3010-6484	BOL C-KIARAI	(TVPG)	(TV-14)	DY Show You Mine
21:00	IR  TV-14	Law & Order (TV-14)	PGA Go f (CBS) Bolck Invitational	PGA Goff (CBS) Butch (syttet/one)		Arrier ca's Funnies: Home	Buffy The Vampire Slayer The Wish
21:30 22:00	The Peace of Wild Things	Family Business	Suckaminghala		Used See Storm		
22:30	Heading News	Head the News v <:350 Tonight Show with Jay	(Third Round)	(Aus) Bornd	Headline News	Featilite Hows <:25> Tonight Show with Jay	Headline News <:35> Tonight Show with Jay
23:00	2 25 x 1 CHICLE SHOW MEET 28	1 4.20 rong tranon mr Jay	liuta komid		COST LOUGHT BUSING A ULT YOU	N.250 Torright Show with Jay	4:307 TOTIGITE STORY MITE JOY
23:30	collection Chemicals Desire	l <:35> Late Show with Day d			ar OEs I não Obras suido Provin	<:05> Late Show with David	<35> Late Show with David
1:00	4.307 Late Sillow Will David	1 N.250 Late 5 Now Mill Ud/U	HeadIne News	HBA A I Star Game (NBC)	CON Late allow will bank	V.JS/ Late of the Mil. Jamu	V.307 Late SIK W WILL DOWN
1:30	<:355 Showbia Today	(35) Should Teday	ESPNENS	linewa testa a a litera (una ci	<:35> Showsta Today	e:36× Showble Today	< 35> Showbiz Today
1:00	N-L (ESPN2)	COS Movies til Dawn	Saturday Hight Live (TV-14)	East vs West	<05> Movies '11 Dawn	CCO Movies til Dawn	COS> Movies '11 Davin
1:30	INT (ESTRIC)	Absence Of Malice	awanay uffir mectus H	(Oakland CA)	A Place in The Sun	Sertaico	2002- Moutes in Fraum
2:00	Red Micros at Shies	(TYPG)		formula exi	(TYPG)	(TVPG)	Marathon Man
2:30	nou muya di since	IIIIAI	Victoria Live (TV-G)		Intal	(пто)	ITYPGI
1:00		<:10> Movies til Dawn	movini sirs ( r sy	Headine News	<25> Movies 'II Dawn	<:259 Movies til Dawn	<:23> Movies 'II Davin
2.00		Cool Raunings	Sou Train	WWF Superstars (TV-14)	Aller Nation	The Macomber Attair	Jack Reed:
1:30		woor naturage	V30 1 mil	HML 6030 SUBS 1 1-111	CASC CARROL	THE ARROWING PARKET	One Of Our Own
4:00	CHMEI	ITVPGI		- 0		(TV-PG)	AND ALAMI AM
4:30	viikei	((11.4)	Enterlairers	America's Black Forum	(TVPG)	(ITT W)	
5:00	Headline News	Headine News	Heading News	Meet The Fress	Headine News	Feadine News	Headline News
5:30	Modd Hews Tonight	World News Tonight	Hour Of Power	MEG. 118 F1835	World News Tonight	World News Tonight	Work Years Tonight
E:00	CNNSI	CIDIS	Crefio Colar	Head the News	CHASI	CIAIS	CNA21
1:30	NBC highly Hews	HBC Wightly News	Grasping For The Wind	CNAIS	NBC Hightly Hews	NBC Nightly News	NBC Hightly Hews
1,000	Sesame Street	Barney & Friends	Wilendun:	Sessine Street	Sesame Street	Sesume Street	Sesame Street
7:00	The state of the s	as ne) at name	End O-Beginning?	THE STATE OF THE S		TOTAL MINER	and the same
7:30		Arthur (TV-Y)	Day Of Discovery				
	5250 PEC(101)			to those a detect floor	Bear in the Big Blue House	Bit. es Clues	Bear in the Big Blue House
1:00	Blues Clues	BrandSpankingHewDoug	Bananus In Palamas	Jim Herson's Animal Show	LEBRICAL DESCRIPTION OF THE PROPERTY OF THE PR	BILES CHES	THE REAL TO THE PURPOSE TO THE PROPERTY.



## GATEWAY AUDITORIUM

6 p.m. Bicentennial Man (PG) 8:30 p.m. Deuce Bigalow (R)

7 p.m. Bicentennial Man (PG) 9:30 p.m. Deuce Bigalow (R) Midnight: End of Days (R)

#### Saturday

3 p.m. Bicentennial Man (PG) 7 p.m. Anna and the King (PG-13) 9:30 p.m. American Beauty (R) Midnight: Man on the Moon (R)

#### Sunday

3 p.m. Anna and the King (PG-13) 6 p.m. Bicentennial Man (PG) 8:30 p.m. Man on the Moon (R)

#### Monday

6 p.m. Man on the Moon (R) 8:30 p.m. Anna and the King (PG-13)

## Tuesday

6 p.m. Anna and the King (PG-13) 9:30 p.m. American Beauty (R)

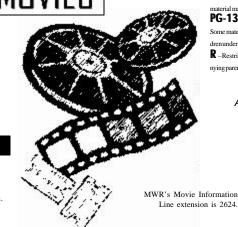
#### Wednesday

6 p.m. Anna and the King (PG-13)

9 p.m. Man on the Moon (R)

## DRIVE - IN

Friday – Man on the Moon (R) Saturday - Rugrats (G) Sunday - American Beauty (R) Drive-in movies begin around 8 p.m.



nying parent or adult guardian

**G** – General Audiences, All ages admitted

PG-Parental Guidance Suggested, Some material may not be suitable for children

PG-13 - Parents Strongly Cautioned,

Some material may be inappropriate for chil-

R -Restricted, Under 17 requires accompa-

drenunder 13

## All MWR movies are free, all the time.

## Anna and the King

(PG-13 - for some intense violent sequences) Drama: Jodie Foster, Chow Yun-Fat, Bai Ling (148 min.)

This is the epic story of a British governess who is hired by the King of Siam to educate his 58 children. Soon after her arrival in this exotic land, Anna finds herself engaged in a battle of wits with the strong-willed

### Man on the Moon

(R - For language and brief sexuality/nudity) Drama: Jim Carey, Danny DeVito, Paul Giamatti, Courtney Love (118

This drama portrays the life of the late Andy Kaufman who was considered one of the most innovative eccentric comics of his time. Kaufman was a comic who made up his own rules.

## Bicentennial Man

(PG - for language and some sexual content) Romantic Drama: Robin Williams, Sam Neill, Embeth Davidtz, Hallie Eisenberg

Andrew Martin, an android (122 min.) programmed to perform menial tasks, displays uncharacteristically human emotions, curiosity and creativity. Over time, Andrew realizes he has a unique destiny-to become human. Andrew discovers the intricacies of life and love, and what it truly means to be a human being.

## End of Days

(R – for intense violence and gore, a strong sex scene and language) Thriller; Arnold Schwarzenegger, Robin Tunney, Gabriel Byrne, Kevin Pollack

Once every thousand years, Satan gets his only chance to mate with a human and bring into the world the antichrist. Now, at the end of the millennium in the final hour. only an atheistic ex-cop and security expert can stop Satan from finding his bride and save humanity.

#### Deuce Bigalow: Male Gigolo

(R -For sexual content, language and crude humor) Rob Schneider, Arija Bareikis, William Forsythe, Eddie Griffin, Gail O'Grady (88 min.) This down-on-his luck guy who cleans fish tanks for a living, mistakenly answers the business phone of a debonair, world-class male escort for whom he is fish sitting. He soon becomes

Deuce Bigalow: male

gigolo.

#### Rugrats

(G - for general audiences. All ages admitted.) Family; voice talents of E.G. Daily, Christine Cavanaugh (85 min.)

The Pickles family faces the biggest adventure to happen in any household - the birth of a new child. As Mom and Dad Pickles struggle with the changes to the growing brood, Dil, big brother Tommy and his pals decide that the baby's antics are cramping their style and attempt to take him back to "hop-sickle."

#### American Beauty

(R- for strong sexuality, lan-guage, violence and drug content) Adult comedy; Kevin Spacey, Annette Bening (117

Lester Burnahm is a man with no respect from family and a boss who is ready to give him the ax. With nothing to lose, Lester decides to make some drastic changes in his life. Despite his happiness with his freedom, Lester is about to learn that the ultimate freedom comes at the ultimate price.

#6

183 mm X 161.2mm

#2

78.5mm X 58.4mm

## How the Electoral College works

YN2 Michael Monroy NAVSTA Voting Assistance Officer

The current workings of the Electoral College are the result of both design and experience. As it now operates:

- Each State is allocated a the number of Electors equal to the number of its U.S. Senators (always 2) plus the num-

tors (always 2) plus the number of its U.S. Representatives (which may change each decade according to the size of each State's population as determined in the Census).

The political parties (or

In political parties (or independent candidates) in each State submit to the State's chief election official a list of individuals pledged to their candidate for president and equal in number to the State's electoral vote.

Usually, the major political parties select these individuals either in their State party conventions or through appointment by their State party leaders while third parties and independent candidates merely designate theirs.

 Members of Congress and employees of the federal government are prohibited from serving as an Elector in order to maintain the balance between the legislative and executive branches of the federal government. After their caucuses and primaries, the major parties nominate their candidates for president and vice president in their national conventions traditionally held in the

summer preceding the election. (Third parties and independent candidates follow different procedures according to the individual State laws).

The names of the duly nominated candidates are then officially submitted to each State's chief election official so that they might appear on the general election ballot.

- On the Tuesday following the first Monday of November in years divisible by four, the people in each State cast their ballots for the party slate of Electors representing their choice for president and vice president (although as a matter of practice, general election ballots normally say "Electors for" each set of candidates rather than list the individual Electors on each slate).
- · Whichever party slate wins the most popular votes in the State becomes that State's Electors-so that, in effect, whichever presiden-

It's that College we learned about when we were kids. Sometimes misunderstood, sometimes bad-mouthed. Here's the scoop: The Electoral College.

> tial ticket gets the most popular votes in a State wins all the Electors of that State.

> The two exceptions to this are Maine and Nebraska where two Electors are chosen by statewide popular vote and the remainder by the popular vote within each Congressional district.

- On the Monday following the second Wednesday of December (as established in federal law) each State's Electors meet in their respective State capitals and cast their electoral votes-one for president and one for vice president.
- In order to prevent Electors from voting only for "favorite sons" of their home State, at least one of their votes must be for a person from outside their State (though this is seldom a problem since the parties have consistently nominated presidential and vice presidential candidates from different States).
- · The electoral votes are

then sealed and transmitted from each State to the President of the Senate who, on the following January 6, opens and reads them before both houses of the Congress.

· The candidate for president with the most electoral votes, provided that it is an absolute majority (one over half of the total), is declared president.

Similarly, the vice presidential candidate with the absolute majority of electoral votes is declared vice president.

In the event no one obtains an absolute majority of electoral votes for president, the U.S. House of Representatives (as the chamber closest to the people) selects the president from among the top three contenders with each State casting only one vote and an absolute majority of the States being required to elect.

Similarly, if no one obtains an absolute majority for vice president, then the U.S. Senate makes the selection from among the top two contenders for that office.

· At noon on January 20, the duly elected president and vice president are sworn into office.

Address voting questions to YN2 Monroy at ext. 3129.

## **New Arrivals**

Congratulations on the birth of following healthy babies recently born at NavSta Rota!

**Dennis Alexander Piert,** son of Dennis and Antonio Piert. Born 12 Jan. and weighing 9lbs 5ozs

**Eric David Closson,** son of Eric and Carmen Closson. Born 18 Jan. and weighing 9lbs 9.4ozs

Caroline Avery Mong, daughter of Bobby and Melissa Mong. Born 18 Jan. and weighing 8lbs 0ozs

Jacob Matthew Strother, son of Laurice and Lisa Strother. Born 21 Jan. and weighing 7lbs 2.8ozs

**Gregory Andreas Terrell,** son of Richard Terrell and Dianne Terrell. Born 25 Jan. weighing 7lbs

Lindsay K. Nicholson, daughter of Stephen Nicholson and Anna Nicholson. Born 28 Jan.

**Joshua Tomas Salvador,** son of John Salvador Jr. and Laura Bramson. Born 29 Jan. weighing 6lbs. 14ozs

**Ann Alyse Butler**, daughter of Daniel Butler and Michelle Butler . Born 29 Jan. weighing 8lbs 1oz

Megan Ann Mclaughlin, daughter of Frank Mclaughlin and Susanne Mclaughlin. Born 31 Jan. weighing 6lbs 9ozs

## SMART Transcript available on web

You can obtain a copy of your own Sailor Marine Ace Registry Transcript (SMART) from the web. The transcript shows your recommended college credit for military training and occupational experience. Go to the http://www.navycollege.navy.mil. Visit Rota's Navy College Office in the PSD building, or call ext. 2711.

#2

120.7 mm X 78.5 mm

#2

120.7 mm X 78.5 mm #4

122.3 mm X 161.2 mm

## Publisher's Corner

with Karen Lucas

By the time you read this. Restaurante Lolita will be open or about to open in its new location on the corner of Avenida de la Diputación and Almadraba, near the Hotel Plava de la Luz in Rota. At the time I am writing this, the owners are not sure whether they will be able to open today, tomorrow or Saturday, but it is eminent. (If I get a last minute call, the date will be in the ad). Lolita used to be located overlooking the marina in what was once an ice cream parlor. It was nice, but more a bar than a restaurant and small, small. The new place is a house with a pleasant and sunny dining room with a fireplace in a corner and a nice vard for outdoor dining in nice weather. Lolita and Valle will continue to serve creative and original dishes as well as traditional cuisine so there will be good food for those who like to be adventurous and for those who prefer simple fares. They will offer a menu of the day for 1.000 pesetas at mid day during the week, except for Tuesday when they close. I hope to be able to try it this weekend and report on it next week.

The last two weeks we ran ads for satellite T.V. in English through Via Digital. When I stopped by last Friday, another special offer had just come in...the connection fee has been reduced from 12.000 pesetast to only 6.000 pesetas! It seems there are almost always specials, so if you are interested in

finding out more, contact them by calling 619-089454 (English spoken), by fax at 956-860078 or by e-mail: <a href="mailto:francisco@ceron@coitt.es">francisco@ceron@coitt.es</a>

Tonight at 8 p.m. there is a special wine tasting at the Casino Bahía de Cádiz. The wines will be from the province of Navarra and reservations are required. There will be a dinner after for those who want to stay. The price of the dinner is 2.500 pesetas.

There are several Valentine's Day specials advertised this week. The restaurants Andalucía and La Cazuela in Rota, and El Casino in Puerto. Restaurante Andalucía is offering a special menu of shrimp cocktail or garlic shrimp: T-bone steak or sword fish; chocolate cake or walnuts with cream; red or white wine and champagne for \$40 a couple on Valentine's Day, this coming Monday, Also on Monday, La Cazuela is offering a special menu consisting of appetizers - cold cuts and grilled crayfish or clams in a fish sauce -, gilt head or tenderloin in a pepper or cheese sauce, house dessert, a bottle of Rioja wine, coffee and champagne, for 6.000 ptas. a couple. El Casino Bahía de Cádiz is offering a dinner-dance on Saturdy, February 12th. The dinner consists of appetizers (mini buns with sausages and patato chips), cream of chicken soup, fish and seafood pie, pork tenderloin in oloroso sauce, cake and beverages (sherry, beer, soft drink, wine, water and champagne). Dance music will be provided by the orchestra "Piel Canela" and there will be many prizes and surprises. Some of the prizes are: 4 days in Paris, a piece of gold jewelry, a weekend for two in the Caballo Blanco Hotel, leather articles, flowers and more. Price per person is 5.500 pesetas.

If you decide you would like to do something even more special, both the Hotel Playa de la Luz and the Hotel Duque De Nájera in Rota, have very special Valentine's Day offers. The offers consist of a night in the hotel, a special Valentine's Day Dinner, champagne in the room and a buffet breakfast. The offer is good for the weekend, either Saturday or Sunday night, or for Monday night -Tuesday morning. For more information, see the ad on page 17, or call the hotels directly for information and reservations.

Of course, there are many other fine restaurants to choose from for your Valentine celebration, whether you decide to celebrate on the weekend or on the 14<sup>th</sup>. If you need suggestions, look through the latest papers or refer to the restaurant guide published last fall. In any case, since Valentine's Day is also celebrated in Spain, it is a good idea to make reservations.

In so far as gifts, several ads are repeats from last week and I must say all the stores we have had in are lovely! **Teresa's Shop** in Rota has decorated her windows for Valentine's Day and as always, it is darling! **Plaza Piel**, across from the Supersol near Puerto Sherry in Puerto, is in this week. They have a beautiful and good selection of leather goods. Last week when I was in El Arriate (same street - Avenida de la Libertad, 32), I saw some beautiful roses. They are called "preserved" flowers - not dried or waxed - and they look and feel like fresh ones, except of course, they last. In El Paseo, the hobby store Logohobby is offering a 10% discount if you bring in the ad from this week or last. Naturally at Matías Lebrón Jewelry, you can find a gift that will be treasured through the years.

Need help with your taxes? Don't despair, there is now an **HR Block** trained person in Vistahermosa. For more information or for an appointment, call 956-540945.

Good news! Next weekend we'll have the chance to enjoy gastronomic days once again at the Casino Bahía de Cádiz! This time the restaurant is Boga Boga from San Vicente de la Barquera, near Santander. The menu, as usual consists of their favorite specialties and sounds fantastic, though I have to confess that I'm at a loss to try and translate it...some of the names don't give much indication of what the dish really consists of. Anyway, here goes: anchovies Boga, Boga, fish balls (like meatballs), Callos de la Mar ???? (something from the sea), Sorropotun ?????, Mountain style stew, hake loin in green sauce with clams, a cheese and custard dessert, tea and a liqueur and beverages. These special dinners will be served from 1 to 4 p.m. and from 9 p.m. to 2 a.m. on February 18th, 19th and 20th (Friday, Saturday and Sunday). Once again, reservations are recommended.

Let's hear from you! Share with other readers information about the surrounding area: your favorite spots and shops. Contact me by e-mail at COASTPUB@santadersupernet.com or at coastpub@retemail.es, by fax at 956-542997 or 607-564132

## POV Arrivals

Alford, J. Lake, D.
Allen, M. Mallick, T.
Castromartinez Meghee, T.
Duggan, D. Mcgrew, C.
Fisch, R. Medina, A.
Gangl, C.S. Meyer, T.
Gray, M.
Judam, H.



For information about shipping or receiving your POV. call 2422.

#4

122.3 mm X 161.2 mm #4

122.3 mm X 161.2 mm

# CLASSIFIEDS

#### AUTOS

1986 Alfa Romeo "Silver Bullet", 1986 Alfa Romeo "Silver Bullet 4 door, runs like a rocket! \$2000.00 call MS2 Ramirez x 2065 between 7:00am and 12:00noon.

1989 Volkswagen Vanagon, manual transmission, seats seven with a lot of room, great for traveling, ITV good until February 2001, \$ 4,00.00 call Anna 956-48-2136/2111.

1998 PGO moped 49cc. Excellent condition. 5,500 kilometers PCS move. Asking \$1,000 call Gene at home 956-81-4923 or work x3568.

Yamaha FJ 1206, 50,000 km., Spanish plates. \$2,000. Call 609-51-1360 or 956-87-2005. 1986 rover 216 se PWPL, tilt, 4dr ITV till Mar 2000 great ride \$2,000.00 or reasonable offer call Steve or Toni at x4513

1989 Ford Fiesta ITV till Oct 2000 \$1,500.00 or reasonable offer call Steve or Toni at x4513.

1990 Merecedes 230 sports coupe, white, sun roof, cd player with remote control, amplifiers, power window and locks, perfect condition. Have to sell, excellent price. Ask for Jimmy. 956-48-0546 or 666-45-0550

1991 Lancia, 4 cyl, 16 valve, 5 spd, p/s, p/b, remote locking w/alarm, alloy wheels, 170 kms, ITV thru Nov. 01, new timing belt and valves. \$4,700 call Bob Blake, 956-84-0615.

### FOR SALE

For sale: Red full /twin bunk bed w/ mattresses \$125.00. Pioneer dual cd player stereo component \$40.00. Solid wood futon frame (only) \$50.00. Solid maple coffee table w/ 2 end tables, needs refinished but solid \$80.00.treadmill (not electric) \$50.00. Feria dress (yellow w/ white polka dots) & size 8 \$80.00. Call x2066 and 956-

84-1763 after 6pm

For sale: Samsung tv with built-in vcr. Medium size. uses 110 and 220 voltage. condition. Asking \$150. Call x2977, ask for PC3 Forrest. Or mail: hemispheres2112@hotmail.com Marshal halfstack. Jcm600 60w tube amp short head (110v). Clean/gain channels, footswitch, dual reverb. parallel effects loop and jcmc410 cabinet. \$1,000.00, crate amp 80/120 watts combo with dual "12" Celestion speakers. Clean/gain/boost channels reverb footswitch (220v). Like new condition. \$350.00, Yamaha 12 string acoustic guitar with hardcase, like new. \$300.00. Fender Stratocaster American Standard, 3 color sunburst, with case, like new, \$600.00, Gibson Les Paul classic with ceramic high output humbuckers, honeyburst, excellent condition. \$ 1.500.00. Carvin custommade electric guitar, tung oilstained Koa wood, dual split coils, Wilkinson Trem, gold hardware, tweed case, \$875.00. Please call Raymundo at (h) 956-82-4569

or x3376 (w).
Multi-system electronics for sale! Hitachi vcr and Kenwood stereo with cabinet and Cerwin Vega speakers. Please call Liz or Curt at 956-81-6020 for details.

Get ready for the beach! For sale: weight set and Nordic track in very good condition, rarely used. Please call Liz or Curt at 956-81-6020. Black opus Mikasa China

Black opus Mikasa China (black with white iris) serves eight, also serving dishes, gravy boat and more \$300.00 or make offer call Anna at 956-48-2136/2111.

Cherry wood with glass center coffee and end table \$75.00 gas cans \$5.00 each, call Anna at 956-48-2136 or x2111.

New full size orthopedic mattress \$200.00. Call 956-

87-0805

Oak dining room table with ceramic top and six (6) chairs, with china cabinet. Asking \$1.300.00 or best offer.

Oriental style octagon table with two corner chairs. Table can be used as an end table. Chairs have two sets of cushions that can be changed occasionally. Asking \$350.00 Korean desk, dark in color. Asking \$500.00

Asking \$500.00

If interested call 956-85-5529
after 6:00 pm or all day
Saturday & Sunday. If not
home. Leave message on
answering machine and will
call back.

## SERVICES

Experienced and certified professional translator/interpreter seeks employment. F u l l - t i m e , part-time or as needed. References and resume available upon request. Call 619-02-7492.

Start your new year with huge savings! Your local rapid link agent Sheila hart is back to help you save \$\$\$ on all of your long distance phone calls. For questions or sign ups, please e-mail your name, phone #, and best time to call

rapidlinkagent@hotmail.com Intensive Spanish courses: all levels - trinity school. For information, call 956-871926.

## WANTED

Wanted: baby crib. Call 956-850653.

volunteer needed at RAWL to feed, bathe, clean cages, and walk dogs. Call x4000 for more info.

Classified Ads can be faxed to 1021 or emailed to

coastline@navsta.rota.navy.mil
Deadline is Thursday
prior to publication.

#### How to submit an ad to Rota Coastline

All TEI 'Spanish ID' card holders, including active-duty U.S. military members, DoD civilian employees, and their family members are eligible to place free advertisements and are limited to 25 words. Free ads are restricted to non-commercial goods and services. If you meet these requirements, you may stop by the Coastline office to place your ad. Note: You must have a valid TEI card to submit a free ad.

Paid ads for commercial and non-commercial goods and services are available to non-TEI card holders as well as U.S. servicemembers and civilian employees. The civilian publisher of the Coastline, Karen Lucas, sets fees for classified ads. To place an ad, call 956-54-2997, 607-56-4132 or e-mail COASTPUB@santandersupernet.com.

We reserve the right to edit or refuse any ad to meet NavSta Rota and Coastline policy. Goods and services offered must be available without regard to race, creed, religion or country of national origin.

#### PETS

For sale: Lhasa Apso puppies born 24 December, beautiful black/white particolors and rare blacks. 610-66-2500.

For sale: parakeets, cockatiels and other types of parrots already trained to sit on finger and shoulder. Call Antonio at 956-371885 or 610050516 (speaks little English).

Adopt a pet at Rota Animal Welfare League (RAWL). Various dogs and cats to choose from. Call x4000 or stop by (across from the drive-in).

## HOUSES/APTS

Apartment with 3 bedrooms, 2 baths in excellent area of Rota, walking distance to restaurants, market and beach but in quiet location. 75.000 ptas. Call century 21 Agin 2000 at 956-84-6221. We rent

homes. No rental fee.

Nice townhouse for rent in El Manantial: 2 stories, 4 bedrooms, w/closets, 2 1/2 baths, furnished kitchen, front/back yards, driveway, large community yard in back, public forest opposite, satellite 80.000 ptas./mo. Commission free, English spoken. Call Elov at 956.540044 or 689-190243. For rent: beautiful apartment at La Costilla beach, 3 bedrooms, 1 lg. Bath, livingdinning room, complete kitchen, washer, balcony to the beach, ocean views from all rooms. Furnished/ unfurnished 85,000 pts. Includes community fees. Call Maria at x 2813

For rent: partially furnished house in Vista Hermosa. 4 bedrooms; 2 baths; kitchen; living room/dining area; fireplace; laundry room; driveway; yard; telephone line. Ideal for sharing. Includes community and gardener fees. 155,000 pts/mo. Call Ed: 956-87-1519 or 639-31-0436

For rent: 4 bedroom duplex with living room, 2 baths, furnished or unfurnished kitchen, parking. 85.000 ptas. Call century 21 Agin 2000 at 956-84-6221. We rent homes. No rental fee.

For rent: country house, 5 minutes from Rota gate. 3 large bedrooms, large kitchen, fireplace, bath and big yard. Call Paul at 956-810242.

For rent: house in Las Redes; 4 bedrooms, 3 baths and a study, large living/dining room and large kitchen and large yard. 225.000 ptas./mo. Call 956-850653.

Top quality, newly built house for rent. Safe, quiet neighborhood, 10 min. From base in Puerto, near Vista Hermosa, behind Cuatro Pinos, 3 bedrooms w/closets, 2 full baths, large living/dining room w/fireplace.

Marble floors, Furnished

#2

120.7 mm X 78.5 mm

#2

120.7 mm X 78.5 mm #2

## CLASSIFIEDS

kitchen, pantry, marble counters, storage, porch, patio, large yard. Gate intercom. Driveway parking. 95.000 ptas./mo. Or 100.000 ptas./ mo. With gardener. Commission free, English spoken. Call Eloy at 956-540044 or 689-190243 (cell). For rent: beautiful never lived in apartment with frontal ocean views from bath, master bedroom and living room. New furnished kitchen. 80.000 ptas./mo. Call century 21 Agin 2000 at 956-84-6221. We rent homes. No rental fee. For rent: nicely furnished apartment in El Ancla, 3 bedrooms; 2 baths; nice kitchen; living room/dining area; community swimming pool; basement garage; terrace; includes community fees, 100,000 pts/mo, Call Ed: For rent: furnished, 3

bedroom apartment in Puerto Sherry, overlooking the bay, 2 baths and 2 half baths. 100.000 pesetas/mo. A must to see! Call 670-79-5032

Need a house? We'll find what you want. No rental fees, no language barrier. We rent, sell and build houses. American management. satisfaction is our best publicity. 956-56-2313 or 610-75-3503. Call us anytime.

For rent: duplex style single family home with great size living room w/fireplace, 4

bedrooms, 2 baths, lots of light, large balcony & garage. 80.000 ptas./mo. Call century 21 Agin 2000 at 956-84-6221. We rent homes. No rental fee For rent: quality furnished townhouse with two bedrooms, living room with fireplace, private back patio, private parking, excellent furnished kitchen American style. 79.000 ptas.

Call century 21 Agin 2000 at 956-84-6221. We rent homes. No rental fee.

Apartment overlooking the beach in Fuentebravía for rent One bedroom, one bath, living/dining room, kitchen, large terrace and garage. 75,000 pesetas/mo. Call 956-850653.

For rent: duplex style apartment with one bedroom. furnished, top qualities, marble floors, wood stairs, parking. 70.000 ptas. Call century 21 Agin 2000 at 956-84-6221. We rent homes. No

We have apartments to rent on a month to month basis and in a wide range of monthly rents. sizes and locations. Call century 21 Agin 2000 at 956-84-6221. We rent homes. No rental fee.

FOR RENT: Apartment recently painted, 3 minute drive from main gate. Downstairs: bathroom, furnished kitchen, large living room and small back patio Upstairs: 3 bedrooms and bathroom. Underground garage. 70,000pts/mo with 70.000 ptas deposit, Call Leo or Lucia at 956-81-4828 or

x2105 x2105 -or- Email "Cruzcampo\_2000@yahoo.com" Email Call anytime or leave a

### MISCELLANEOUS

Lord, thank you for another day within this life of mine. Give me the strength to live it well, what ever I may find Bestow from your abundance whatever I may lack. To use the hours wisely, for I cannot have them back. Lord, thank you for another day, in which to make amends for little slights or petty words, inflicted on my friends. For sometimes losing patience with problems that I find. For seeing faults in others' lives, but not the ones in mine. Lord thank you for another chance in which to try to be a little more deserving of the gifts you've given me. For yesterday is over, and tomorrow's far away, and I remain committed to the good I do today. Amen. Jess López Yard sale. Saturday February 12, 2000 from 08:00-13:00 1233 Pontevedra, Various household items and many

Visit the Coastline ONLINE: www.rota.navy.mil and visit the Rota Newsroom

## YMCA Announces Art and Essay Contest

writers! The Armed Services YMCA Millennium 2000 art and essay contests are ongoing for the youth of military communities worldwide, and now's your chance have your talent rewarded

Young Readers Project Essay Contest

Two high school students will be awarded top prizes of \$1,000 U.S. Savings Bonds, one overseas and one in the U.S., in the 4th Annual Young Readers Project Essay Contest. Five hundred dollar bonds go to winning overseas and stateside students in the categories of 7th and 8th grade, 4th to 6th grade, and pre-school through third grade. Fifteen honorable mentions win \$100

High school essays should be 400 to 600 words long. Entries in poetic form are acceptable. Essay subject should center on the pleasure and value of reading; creativity counts.

Seventh and eighth grade entries should be 200 to 300 words long and begin with one of the following thoughts: "The most exciting thing about reading is ...," or "The kinds of books I like to read the most are ... ." or "Reading is especially important in the electronic age ... ." Essays in poetic form are eligible.

Fourth to sixth grade essay lengths are 100 to 200 words, with students relating their opinions and thoughts about reading. Possible

Calling all young artists and themes include "The reason I like to read is ...," or "Every-one should read because ...," or "My library is important because ...." Poetic entries are eligible.

For pre-school to third grade, essays in this group can be "as told to" or related by a parent and should be a paragraph or two beginning with: "I like my Mom and Dad to read to me because ... ," or 'The favorite story I like my Mom or Dad to read to me is ...," or "My favorite book is..." or "The best book I've ever read is ...." Third graders should write their own es-

Entry deadline is March 31 for the 4th annual Young Readers Project Essay Contest, and the contest is open to youth of all military families including the Coast Guard, reserve components and DoD civilian employees. All entries must include the student's name, address, age, grade, parents' names and military unit affiliation, and telephone number. Entries can be submitted by e-mail to Y2KEssayContest@asymca.org, or by regular mail.

#### Armed Services YMCA Art Contest

In the 5th Annual Armed Services YMCA Art Contest, five winners will receive \$500 U.S. Savings Bonds, and five honorable mentions will receive \$100 bonds. One of the winners will be selected as the Millennium 2000 poster for Military Family Week, Nov. 19-26 this year. The poster is lations throughout the world.

25

This year's theme is "My Military Family." Drawings should depict the artist's family and some aspect of their military life. Creativity counts. Submissions may be

color or black and white and should be drawn on unlined letter-sized paper.

Entries must include the student's name, age, grade level, address, the parents' full names, military unit, and a telephone number or e-mail address. Entries lacking this information cannot be awarded prizes. Families scheduled to move should include information on the receiving command or unit to ensure winning children can be notified.

Contest deadline is June 30 for the fifth annual Armed Services YMCA art contest, open to all children in kindergarten through sixth grade who are from active duty, Reserve, National Guard, and DoD civilian employee fami-

Essay and art contest entries may be mailed to Armed Services YMCA, 6225 Brandon Ave., Suite 215, Springfield, VA 22150. For additional information, call Andree Swanson at (703) 866or aswanson@asvmca.org, or check out the Armed Services YMCA Web site at http:// www.asvmca.org.

#4

122.3 mm X 161.2 mm

#2

120.7 mm X 78.5 mm

#2

# **SPORTS**

## 'First and Finest' working to ease crowding at Rota gym

story and photos by JO1 'Drew Scharphorst

If you've worked out at NAVSTA Rota's fitness facility lately, you've likely noticed two big things: One – it can be very crowded, and two – those Seabees sure can make a lot of noise!

It's true that some of the equipment employed by Naval Mobile Construction Battalion ONE creates quite a din. But when the clamor behind the gym has subsided, and the dust from their vigorous endeavors has settled, the result will be a weight room addition that should, according to fitness center manager Antonio Garcia, alleviate the overcrowding

that currently frustrates many of the fitness-minded who use the facilities.

The existing facility "is not big enough for the patrons' needs," said Garcia. "And a few years ago, we came up with an idea to enlarge, to make a bigger weight room."

Seabees from NMCB THREE laid the groundwork for the project in August 1999, and since "The First and the Finest" arrived in Rota in December, work has really gone quickly. The cement floor has been poured and smoothed and CMU – concrete masonry units, very similar to cinderblocks – for the walls have been sized and placed.

BUC(SCW) Dennis J



BUCN William Clark uses a power masonry saw to custom-cut a

Christenson, with ONE's Charlie Company, said, "The project consists of [adding] a 25-by-80-foot CMU wall to the existing weight room [in] Bldg. 44 on mainside. Along with CMU, it will also contain steel columns, a stucco interior and exterior, a new metal roof system, an acoustical-tile ceiling, a new HVAC [heating, ventilation, and air conditioning] system, new lighting, and new rubber tile floor-

Garcia says the finished product will prove to be a great boon for those who frequent the Naval Station fitness facility.

"Everything is busy ... Early in the morning we receive a lot of active duty people who come to work out before they go in to work," said Garcia. "Then we have the lunchtime, starting around 10:30, 11 o'clock, we have a lot of customers. And in the afternoon, we have a lot of different sports – basketball, volleyball, soccer, flag football – all going on at the same time."

The new addition, he added, will not only allow more room for people to get in a better workout, but will provide more fitness gear for accomplishing their goals – and a more comfortable atmosphere in which to do it. "We're going to have a new ceiling, a new floor for the whole area, and a lot of new



BU3 Logan Ash checks his levels to ensure the walls are equal in

equipment [like] dumbbells, and all kind of weightlifting machines that you can imagine," explained Garcia.

The facility's manager had nothing but praise for the Seabees and their efforts.

"Every single time they had to open the old existing ceiling, they'd say, 'Antonio, we have to cut this piece, we don't know if it will give you some trouble', or, 'Antonio, we're going to make a lot of noise'," Garcia declared. "They came to me in advance and let me know they're going

to do this or going to do that,

because they don't want to give customers any hard time. They're doing an excellent job to fix that problem [of overcrowding]."

The project is scheduled to be finished in May.



Presidential Recall Reservist BU3 Michael Mechammakes sure there are no gaps in the mortar joints.

# DGF Basketball: Boys slam home a winner; Girls suffer loss



Angelina lannaco

Angelina Iannacone DGF Senior

The Admirals defeated Gibraltar's Eastside team 94 to 44 Sunday in Gibraltar despite being unaccustomed to playing with International rules. The Lady Admirals suffered a 58-50 loss to Gibraltar's Westside team.

From the very beginning, DGF dominated the game. "I thought we hustled well and played as a team. The speed was a difference," said Coach Anderson.

DGF easily won the game with the help of Al Washington, Rich-

ard Johnson, Torian Lynch, Eric Andujar, Kurt Lee, Bob Basnight.

The girls' team was winning at first, but numerous fouls called on them by the referees allowed the other team to gain the lead. DGF girls closed the gap in the second period due to the efforts of Erica Green, Kelsey Hudson, Erin Buckles, Brandy Dozier and the rest of the team.

By the end of the game though, DGF had 40 fouls. Westside had five. And that turned out to be the deciding factor.

"We'll get them next time," said Erin Buckles.

## SECDEF announces FY2001 defense budget

Secretary of Defense William S.
Cohen released this week details of President Clinton's Fiscal Year (FY) 2001 defense
budget Monday. The budget
requests \$291.1 billion in budget authority and \$277.5 billion
in outlays for the Department of
Defense (DOD).

The request raises military base pay 3.7 percent, which is .5 percentage points above the forecasted rate of civilian wage growth (employment cost index or ECI).

For housing, the new budget proposes a Basic Allowance for Housing (BAH) plan that in

FY 2001 will reduce out-of-pocket costs for military members from 19 to 15 percent relative to nation-wide housing prices. The plan will completely eliminate such costs by 2005 — so that off-base members could have no out-of-pocket housing expenses, the same as for on-base members. For health care, the FY 2001 budget continues the Department's commitment to strong funding for the Defense Health Program (DHP).

Copies of Department of Defense budget documents are available at the following Internet address: <a href="http://www.dtic.mil/comptroller/FY2001budget">http://www.dtic.mil/comptroller/FY2001budget</a>.

PIE

245.5mm X 61mm

## Elementary School releases Test-taking tips

Elementary School children, grades 3 - 6, will be taking the CTBS (Terra Nova) test at DGF from March 7-10.

The following "Test Taking Tips" should help parents prepare students to do their best on this important nationwide test:

#### Test Taking Tips

- 1. Read the directions carefully. Look for key words (same, opposite, multiply) that tell you exactly what to do.
- 2. Pay close attention to words in
- the directions that are in CAPI-TALS, italics, bold writing or are underlined. They may be changing the directions.
- Read each test item carefully. Determine the one or two answer choices that are obviously wrong. Then, choose the correct answer from the remaining choices.
- 4. Use word clues from the sentence to find the correct answer (who, what, when, first, last).
- 5. Read the answer choices first, then read the question.
- In reading—read the questions first, then, read the selection and answer the questions.
- 7. Look for words such as always, never, probably, every, often and mostly in the question. These words affect the answer choice.
- 8. For fill in the blank questions always read the whole sentence before you choose an answer. Try each answer choice in the blank/ Choose the one that sounds right or makes the most sense.
- 9. When answering questions

about a reading selection, look back at the selection to find the answer. Don't just rely on your memory.

10. Answer all the test items you know first. Go back and answer the other items.

11.In math—pay attention to the sign.

12.In math—work carefully. A careless error is still an error.

13.In math—don't spend too much time on a difficult problem. If you cannot solve the problem quickly, put a mark next to it and me back to it later

14.In math—check each answer choice after the first step in computation. This will help you cross out one or more wrong choices.

15.Read the captions and titles of maps, charts, graphs and tables.

16.Keep your answer sheet and test booklet neat. Use scratch paper to write down what you need to solve a problem.

17. After you finish, check your work. Do not change an answer unless there is a good reason.

# Sunday School and CCD

Sunday School and CCD classes will meet Sunday at DGF. Protestant Sunday School is from 9 – 9:50 a.m., while Catholic CCD is from 10:30 – 11:30 a.m.

However, there will be no classes on Feb. 20, President's Day Weekend. Classes will resume their normal schedule on Feb. 27.

If you'd like more information on any of the classes, please call the Chapel at ext. 2711.

## CHAPLINE by Chanlain Steve Rever

## Good Word for the Week

Some people only see the light when they feel the heat.

#### Do You Love Me?

An old Norwegian couple named Ole and Lena were watching the musical, Fiddler on the Roof. It was the scene where Tevia sings, "But Do You Love Me?" And his wife responds, not with the words "I love you", but rather, with all the things she has done for him over the years. Wash clothes, cook meals, raise a family. To which he asks again, "But do you love me?"

At this point Lena turns to her husband Sven, pokes him in the ribs and asks the same question: "Sven, do you love me?" "Woman", he says with some exasperation, "40 years ago when we got married I told you that I do. If it ever changes I'll tell you so."

Talk may be cheap, but sometimes nothing can replace a few thoughtful words. Is there a Tevia or a Lena in your life who needs to hear those three little words today?

You may feel it and you may show it in a hundred ways; but sometimes the best answer to preempt the question.

## Worship Schedule

12 Feb	1800	RC Mass
13 Feb	0900	RC Mass
		Prot SS @ DGF
	1030	Contemporary Prot Worship
		RC CCD @ DGF
	Noon	RC Mass
	1330	Gospel Fellowship Service
		Church of Christ (Chapel Hall)
16 Feb	1900	Church of Christ (Chapel Hall) Prot Communion Service
16 Feb 18 Feb	1900 1900	· •

#2

120.7 mm X 78.5 mm #2

120.7 mm X 78.5 mm

#4

BACK

122mm x 176mm BACK

122mm x 176mm

BACK

122mm x 176mm BACK

122mm x 176mm